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Commentaries; 3.1 The Paradox of Evidence-Based Psychotherapy; 3.2 Incorporating the Insights of Psychotherapy Research in Everyday Practice; 3.3 Psychotherapy for Depressed Patients in Low- and Middle-Income Countries, Particularly in Asia
3.4 Research and Synergies across Countries and Cultures3.5 A Wider Cultural Perspective; 4 Depression in Children and Adolescents: A Review; Commentaries; 4.1 Advances in Understanding Prevention and Treatment and the Needs in Developing Countries; 4.2 The Risks of Bipolar Disorder; 4.3 The Need for Specifically Targeted and Precise Treatments Aiming for Remission; 4.4 Childhood Depression is Distinct from Depression in Adolescents and Adults; 4.5 Depression in Infants, Children and Adolescents; 5 Depressive Disorders in the Elderly: A Review; Commentaries; 5.1 Focusing on Asia
5.2 Effective Treatments Despite Diagnostic Complexity and Diverse Populations5.3 Depression and Anxiety in Dementia Caregivers; 5.4 Recognition of Old Age Depression in Chinese; 5.5 Treatment of Depressive Disorders in Elderly Complicated with Medical Co-morbidities and Multiple Medication Use; 6 Depressive Disorders in Primary Care: A Review; Commentaries; 6.1 A Paradox of Screening for Mental Disorders in Primary Care and the Importance of Severe Disorders in Developing Countries; 6.2 Diagnosis, Intervention and the Emergence of the Patient's Voice
6.3 Untreated Depression in Mexico - Can Primary Care Make a Difference?6.4 Understanding the Practice of Primary Health Care; Index

Sommario/riassunto

Depressive disorders have profound social and economic consequences, owing to the suffering and disability they cause. They often occur together with somatic illness which worsens the prognosis of both. Prevention, detection and optimal treatment of these disorders are therefore of great clinical and economic importance. This edition of the first title in the acclaimed Evidence & Experience series from the World Psychiatric Association has been fully revised and features a new section on depression in primary care - the main channel for the management of these disorders in countries around the world.
