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Autore	Shepard Paul <1925->
Titolo	Coming home to the Pleistocene // Paul Shepard ; edited by Florence R. Shepard
Pubbl/distr/stampa	Washington, D.C., : Island Press, 1998
ISBN	1-59726-847-X 1-4175-9423-3
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xi, 195 pages)
Altri autori (Persone)	ShepardFlorence R
Disciplina	306.3/64
Soggetti	Hunting and gathering societies Sociobiology Nature and nurture
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"A Shearwater book"--T.p. verso.
Nota di bibliografia	Includes bibliographical references (p. 177-186) and index.
Nota di contenuto	The relevance of the past Getting a genome How we once lived How the mind once lived Savages again Romancing the potato The cowboy alternative Wildness and wilderness The new mosaic a primal closure
Sommario/riassunto	Paul Shepard was one of the most profound and original thinkers of our time. Seminal works like <i>The Tender Carnivore and the Sacred Game</i> , <i>Thinking Animals</i> , and <i>Nature and Madness</i> introduced readers to new and provocative ideas about humanity and its relationship to the natural world. Throughout his long and distinguished career, Shepard returned repeatedly to his guiding theme, the central tenet of his thought: that our essential human nature is a product of our genetic heritage, formed through thousands of years of evolution during the Pleistocene epoch, and that the current subversion of that Pleistocene heritage lies at the heart of today's ecological and social ills. <i>Coming Home to the Pleistocene</i> provides the fullest explanation of that theme. The book explicitly addresses the fundamental question raised by Shepard's work: What can we do to re-create a life more in tune with our genetic roots? In this book, Shepard presents concrete suggestions for fostering the kinds of ecological settings and cultural practices that are optimal for human health and well-being.

