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Sommario/riassunto	Living Through Loss is the first book to identify the many ways in which people experience loss over the course of life and to discuss the interventions most effective at each stage of life. The authors' starting point is that loss comes in many forms and can include not only suffering the death of a person one loves but also giving birth to a child with disabilities, living with chronic illness, or being abused, assaulted,

or otherwise traumatized. They approach loss from the perspective of the resilience model, which acknowledges the capacity of people to integrate loss into
