1. Record Nr. UNINA9910807282503321 Autore Furst Lilian R. Titolo Just talk: narratives of psychotherapy / / Lilian R. Furst Pubbl/distr/stampa Lexington, Kentucky:,: The University Press of Kentucky,, 1999 ©1999 **ISBN** 0-8131-5940-7 0-8131-7018-4 Descrizione fisica 1 online resource (284 p.) Collana Narratives of Psychotherapy Disciplina 809/.93353 Soggetti Psychotherapy in literature Psychological fiction - History and criticism Psychotherapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Half-title; Title; Copyright; Dedication; Contents; Preface; 1 Talking of Many Things; 2 From Eyes to Ears; PART I. OVERTALKERS; 3 ""Digesting"" Psychoanalysis: Marie Cardinal's Les Mots pour le dire: 4 ""Ritualized Bellyaching"": Philip Roth's Portnoy's Complaint; 5 Resisting Psychoanalysis: Italo Svevo's The Confessions of Zeno; 6 Game for Therapy: David Lodge's Therapy: PART II. UNDERTALKERS: 7 Amateurish ""Heart-to-Hearts"": Jennifer Dawson's The Ha-Ha; 8 Ritualized Roles: Penelope Mortimer's The Pumpkin Eater; 9 The Ogre and the Fairy Godmother: Sylvia Plath's The Bell Jar 10 Petrified Feeling: Robertson Davies's The ManticorePART III. DUETS; 11 More than Just Talk: Irvin D. Yalom and Ginny Elkin's Every Day Gets a Little Closer: 12 Containing the Break: Fayek Nakhla and Grace Jackson's Picking Up the Pieces: 13 The Elusive Patient and Her Ventriloguist Therapist: Ludwig Binswanger's 'The Case of Ellen West""; 14 Collecting and Disposing of Garbage: Frieda Fromm-Reichmann's Psychoanalysis and Psychotherapy and Joanne Greenberg's I Never Promised You a Rose Garden; 15 The Chemistry of Healing; Notes; Bibliography; Index Sommario/riassunto While countless memoirs have been written about depression and

therapy, no one has examined how the ""talking cure" of

psychotherapy is presented in novels and other works of literature. Beginning with an overview of the principles of psychotherapy and its growing use as a treatment for mental and emotional disorders, Lilian Furst addresses the patient's view of the value of talk. Patients' portrayals of psychotherapy in literary works range from serious to satirical and from comic to ironic, with some descriptions verging on the grotesque. Furst identifies the overtalkers, undertalkers, and