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""Digesting"" Psychoanalysis: Marie Cardinal's *Les Mots pour le dire*; 4
""Ritualized Bellyaching"": Philip Roth's *Portnoy's Complaint*; 5 Resisting
Psychoanalysis: Italo Svevo's *The Confessions of Zeno*; 6 Game for
Therapy: David Lodge's *Therapy*; PART II. *UNDERTALKERS*; 7 Amateurish
""Heart-to-Hearts"": Jennifer Dawson's *The Ha-Ha*; 8 Ritualized Roles:
Penelope Mortimer's *The Pumpkin Eater*; 9 The Ogre and the Fairy
Godmother: Sylvia Plath's *The Bell Jar*
10 Petrified Feeling: Robertson Davies's *The Manticore* PART III. *DUETS*;
11 More than Just Talk: Irvin D. Yalom and Ginny Elkin's *Every Day Gets
a Little Closer*; 12 Containing the Break: Fayek Nakhla and Grace
Jackson's *Picking Up the Pieces*; 13 The Elusive Patient and Her
Ventriloquist Therapist: Ludwig Binswanger's 'The Case of Ellen West"';
14 Collecting and Disposing of Garbage: Frieda Fromm-Reichmann's
Psychoanalysis and Psychotherapy and Joanne Greenberg's *I Never
Promised You a Rose Garden*; 15 The Chemistry of Healing; Notes;
Bibliography; Index

Sommario/riassunto

While countless memoirs have been written about depression and therapy, no one has examined how the ""talking cure"" of psychotherapy is presented in novels and other works of literature. Beginning with an overview of the principles of psychotherapy and its growing use as a treatment for mental and emotional disorders, Lilian Furst addresses the patient's view of the value of talk. Patients' portrayals of psychotherapy in literary works range from serious to satirical and from comic to ironic, with some descriptions verging on the grotesque. Furst identifies the *overtalkers*, *undertalkers*, and
