Record Nr. UNINA9910807245103321 Evidence-based counselling and psychological therapies: research and **Titolo** applications / / edited by Nancy Rowland and Stephen Goss Pubbl/distr/stampa London;; Philadelphia,: Routledge, 2000 **ISBN** 1-134-62821-8 9786610060115 0-203-19055-6 1-280-06011-5 1-134-62822-6 0-203-13160-6 Edizione [1st ed.] Descrizione fisica 1 online resource (235 p.) Altri autori (Persone) RowlandNancy <1954-> GossStephen <1966-> Disciplina 362.2/0941 Soggetti Psychotherapy - Outcome assessment - Great Britain Mental health policy - Great Britain Evidence-based medicine - Great Britain National health services - Great Britain - Administration Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Evidence-Based Counselling and Psychological Therapies; Copyright; Contents; Boxes; Tables; Contributors; Preface; Part 1: What is evidence-based health care?; 1. Evidence-based psychological therapies: 2. The drive towards evidence-based health care: 3. Towards evidence-based health care; 4. Economics issues; 5. Evidence-based psychotherapy: an overview; Part 2: Generating the evidence; 6. Randomised controlled trials and the evaluation of psychological therapy; 7. The contribution of qualitative research to evidence-based counselling and psychotherapy 8. Rigour and relevance: the role of practice-based evidence in the psychological therapies Part 3: Synthesising the evidence; 9. Systematic reviews in mental health; 10. Clinical practice guidelines development in evidence-based psychotherapy: 11. Getting evidence into practice:

Index

Sommario/riassunto

Assesses the impact of the international drive towards evidence-based health care on NHS policy and the provision of the psychological services in the NHS.