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Nota di contenuto	GRECO-ARAB AND ISLAMIC HERBAL MEDICINE: TRADITIONAL SYSTEM, ETHICS, SAFETY, EFFICACY, AND REGULATORY ISSUES; CONTENTS; FOREWORD; PREFACE; ACKNOWLEDGMENTS; 1 An Overview of Greco-Arab and Islamic Herbal Medicine; 2 History of Greco-Arab and Islamic Medicine; 3 Herbal Medicine; 4 The Arab-Islamic Roots of Western Medicine; 5 Contributions of Arab and Islamic Scholars to Modern Pharmacology; 6 Natural Drugs in Greco-Arab and Islamic Medicine; 7 Method of Therapy in Greco-Arab and Islamic Medicine; 8 Commonly Used Herbal Medicines in the Mediterranean 9 The Current State of Knowledge of Arab Herbal Medicine10 Greco-Arab and Islamic Medicine Practiced Outside the Middle East; 11 Biosafety of Herbal Medicine; 12 Arab Medicinal Plants: From Traditional Uses to Scientific Knowledge; 13 Modern In Vitro Test Systems; 14 Modern In Vivo Evaluations and Clinical Trials; 15 Medical Ethics in Arab and Islamic Medicine; 16 Medicinal Herbs and Extracting Their Active Ingredients; 17 Food Therapy; 18 Drug Development from Herbal Sources; 19 Herbal Remedies: Use and Demographic and Regulatory Issues; APPENDIX A: Plant Naming; INDEX; Colour Plates
Sommario/riassunto	This book presents a systematic review on traditional Arab herbal medicine including historical background, medical innovations introduced by Arab physicians, common roots of Arab medicine and western medicine, methodology of drug discovery and therapy in Arabic and Islamic medicine, a state-of-the-art description of traditional Arab herbal medicine, and evidence-based safety and efficacy of Arab and Islamic medicines. The usage of modern cell biological, biochemical, in vitro and in vivo techniques for the evaluation of medicinal plant safety and efficacy is also discussed. The toxicity of he