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Descrizione fisica	1 online resource (241 p.)
Collana	The essential coaching skills and knowledge
Altri autori (Persone)	PalmerStephen <1955-> WilliamsHelen <1975->
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Nota di contenuto	Solution Focused Coaching in Practice; Copyright; Dedications; Contents; List of illustrations; About the authors; Foreword; Preface; Acknowledgements; 1 What is coaching?; 2 An overview of solution focused coaching; 3 Solution focused skills for coaches; 4 More solution focused skills for coaches; 5 The solution focused coach; 6 Group and team coaching; 7 Professional, ethical and practice issues; 8 The inclusive coach; 9 Solution focused coaching exercises; Final reflections; Appendix 1 Solution seeking worksheet; Appendix 2 The practice solutions form; References; Web resources; Index
Sommario/riassunto	Solution Focused Coaching in Practice is a practical 'how-to' guide that provides an invaluable overview of Solution Focused Coaching skills and techniques. Reflecting upon published research on the solution focused approach, Bill O'Connell, Stephen Palmer and Helen Williams

bring their own experiences of Solution Focused Coaching together with others in the field to cover topics such as:the coach-coachee relationshipthe role of technology in coachinginclusive coaching group and team coaching practical issues and skills.<P
