1. Record Nr. UNINA9910807118703321 Autore Davenport Gloria M Titolo Working with toxic older adults: a guide to coping with difficult elders // Gloria M. Davenport New York, : Springer Pub. Co., 2006 Pubbl/distr/stampa **ISBN** 1-281-86301-7 9786611863012 0-8261-1723-6 Edizione [1st ed.] Descrizione fisica 1 online resource (311 p.) 362.6 Disciplina Older people - Family relationships - Psychological aspects Soggetti Older people - Psychology Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Contents; Acknowledgements; Foreword; Preface; List of Figures and Tables; Part I: What Do You Mean, Toxic?; Chapter 1 Introduction, Definitions, Descriptions; Why the Term ""Toxic Agers""?; How Does Toxic Aging Compare with Successful Aging?; Definitions; Who Are Toxic Agers?; What Causes Toxicity?; Does Extraversion or Introversion Make a Difference?; What Is Toxic Behavior?; Is Toxicity Verbal Abuse?; Is Toxicity Emotional Blackmail?; Is Toxicity a Mental Illness?; What About Multiple Diagnoses?; What About Toxicity and Physical Challenges? Is Toxicity Found in Other Ethnic Groups and Cultures? How Are Toxic Agers Perceived?; Summary; Chapter 2 Why the Focus on Toxic Agers?; Raising Consciousness; Facing Reality; A Look at the Demographics; Need for Early Awareness of Toxicity; Shadow Work; Nourishment Versus Toxicity; Characteristics of Self-Induced Toxicity; Reflections; Summary: Chapter 3 How Do We Know They Are Toxic?; Behavioral Characteristics; Labeling of Toxic Agers; Professional Assessments; Nonverbal Signs; Assessment Checklist; How Would I Know If I Am Toxic?; Self-Assessment Toxicity Indicator; Cautions; Summary Chapter 4 Are Toxic Agers Found in All Groups? Psychotherapists; Community Centers; Senior Centers; Summary; Part II: Who Is Affected

by Toxic Agers, and How?; Chapter 5 Impact on Professionals; Where

Are Toxics Found?; Facing Reality; Typical Professional Responses to Toxic Agers; Impact Examples; The Depth of Toxicity Impact; Summary; Chapter 6 Potential Co-Victims?; How Does Co-Victimization Happen?; How Does Toxicity in Agers Impact Others?; Summary; Part III: What Causes Toxicity?; Chapter 7 Can Theoretical Research Explain Toxicity?; Empirical Indicators of Toxicity

Davenport Theories and HypothesisGerontology Theories; Summary; Chapter 8 Is Nature the Cause of Toxicity?; Personality Definitions; Personality Theories; Summary; Chapter 9 Is Nurture the Cause of Toxicity?; Conditioning; Erikson's Life-Cycle Stages; The Feil Method and Life Task Theory; The Recovery Movement; The Internal Environment; Summary; Chapter 10 Is It Nature and Nurture?; Transactional Analysis; Defense Mechanisms; Control Theory; Cybernetics and Psychocybernetics; The Internal Environment; Summary; Part IV: Can We Intervene and Cope? Uncover Negative Beliefs?

Chapter 11 Professional TipsTreatment; Training; Basic Rules; Summary; Chapter 12 Strategies and Techniques; Structured Intervention; Workshops; A Difficult Task; Techniques; A Simulated Scenario for Service Providers; Summary; Part V: Is Toxicity Preventable? Is Healing Possible?; Chapter 13 Self-Help and Prevention; Candidates for Self-Help; Self-Help Tips; Self-Nourishment and Warm Fuzzies; Stress Management; Stress Reduction; Support Networks and Groups; Special Programs; Summary; Chapter 14 The Path to Healing; Case Study; Transitioning; Summary; Afterword; Glossary; A; B; C; D; E; F; G H

Sommario/riassunto

Experienced caregivers will immediately recognize Gloria Davenport's descriptions of the ""toxic"" personality: elders who persistently poison their own care environment with noncompliant and psychologically abusive behavior. Toxic older adults are often hazardous cases for gerontology professionals: they can destroy care relationships, and even produce co-victimization in their caregivers. Davenport presents ways that care providers can prevent difficult elders from manipulating the caregivers' energy and interfering with effective practice, relationships, and healing.