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Sommario/riassunto	There are many different types of injuries that can happen to bones in the human body. A fracture represents a complete break in which the

pieces of bone completely separate. This injury may occur as a result of direct trauma to the bone, or from other factors such as advanced age or a metabolic bone disease such as osteoporosis. However, there are other bone injuries that can be just as problematic (or even more so), such as stress fractures, insufficiency fractures, bone bruises, and shin splints. Although these types of bone injuries do not represent a complete break of a bone, they can cau
