1. Record Nr. UNINA9910807091503321 Autore MacGregor Hamish Titolo Moving and handling patients at a glance / / Hamish MacGregor Pubbl/distr/stampa Chichester, England:,: Wiley Blackwell,, 2016 2016 **ISBN** 1-118-85366-0 1-118-85367-9 Edizione [Electronic version] Descrizione fisica 1 online resource (viii, 134 pages): color illustrations Collana At a glance Disciplina 610.73 Soggetti Patients - Lifting Patients - Positioning Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Includes index. Machine generated contents note: Preface Part 1: Theory 1. Legislation I Nota di contenuto 2. Legislation II 3. Structure and function of the spine 4. Posture and back care 5. Safe principles of moving and handling 6. Controversial techniques 7. Risk assessment: moving and handling 8. Risk assessment: general 9. Individual patient handling assessment Part 2: Practice Load handling and practical application of ergonomics 10. Lifting a load 11. Pushing a bed 12. Good workstation set-up 13. Postural issues with laptops and tablets Moving a patient In and out of a chair and walking 14. Assessing the patient 15. Moving a patient forward in a chair 16. Standing a patient: with one handler 17. Standing a patient: with two handlers 18. Seating a patient 19. Moving a patient back in a chair 20. Walking with handler(s) 21. Tips for using walking frames 22. Assisting a patient off the floor: verbal Sitting a patient up, and in and out of bed 23. Sitting a patient using an electric profiling bed 24. Sitting a patient using a non-profiling bed 25. Sitting a patient onto the side of an electric profiling bed 26. Sitting a patient onto the

side of a non-profiling bed 27. Lying a patient from the bed edge 28. Standing a patient from the bed edge 29. Standing a patient from the bed edge using a profiling bed Moving a patient within the bed 30. Turning a patient in bed: verbal 31. Turning a patient in bed: one handler 32. Turning a patient in bed: two handlers 33. Inserting a roller

slide sheet under a patient 34. Inserting two flat slide sheets under a patient: unravelling technique 35. Inserting two flat slide sheets under a patient: by rolling patient 36. Moving a semi-independent patient up the bed on a roller slide sheet 37. Moving a patient up the bed with a roller slide sheet 38. Moving a patient up the bed with two flat slide sheets 39. Turning a patient in bed with roller slide sheets 40. Turning a patient in bed with flat slide sheets 41. Moving a patient's legs into bed with a slide sheet Use of hoists and slings 42. Types of hoist 43. Types of sling 44. Insertion of sling into bed 45. Removal of sling from bed 46. Insertion of sling into chair 47. Removal of sling from chair 48. Insertion of sling into bed with slide sheets 49. Insertion of sling into chair with slide sheets 50. Hoisting from bed to chair with a mobile hoist 51. Hoisting from chair to bed with a mobile hoist 52. Hoisting from the floor with a mobile hoist 53. Using a standing hoist Lateral transfers 54. Lateral transfer from bed to bed/trolley 55. Transfer from chair to bed using a transfer board Other handling equipment 56. Assisting a patient to use a rota stand: one handler 57. Assisting a patient to use a rota-stand: two handlers 58. Use of standing and raising aids (non-mechanical) 59. Use of equipment for bariatric patients 60 Kneeling and working at floor level Case studies Case study 1: Assessing a bariatric patient Case study 2: Managing leg ulcer dressings in the community (kneeling) Index.

## Sommario/riassunto

"Moving and Handling Patients at a Glance provides an accessible introduction to the key theoretical underpinnings of moving and handling, including the legal aspects, biomechanics, risk assessment and safe principles of handling"--Provided by publisher.