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Sommario/riassunto

Use a strengths perspective for working with your younger clients! Mental Health Practice with Children and Youth: A Strengths and Well-Being Model presents new insights into successfully working with children by concentrating on their capabilities and resilience. This book explores the continuum of children's needs and challenges from early childhood through adolescence. This text also supports child-centered and strengths-oriented approaches to intervention with children and introduces specific strategies for maximizing pro-social behaviors, self-concept, learning, and positive peer