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Autore	Van der Walt Hester
Titolo	Hester se brood
Pubbl/distr/stampa	Cape Town, South Africa, : Modjaji Books, 2009
ISBN	1-283-06344-1 9786613063441 1-920397-83-3 1-920397-59-0
Edizione	[1st ed.]
Descrizione fisica	1 online resource (196 p.)
Soggetti	Bread Little Karoo (South Africa)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Front Cover; Title Page; Copyright Page; Inhoud; Resepte; 1. Op soek na die perfekte ciabatta; 2. Ode aan die bakoond; 3. Die stoker; 4. Hout en vuur; 5. Die bakker se toerusting; 6. Broodnodig: bestanddele en tegniek; 7. Die klassieke baguette; 8. Suurdesem: die moeder van alle brood; 9. Veelgraan-suurdesembrood; 10. Rogbrood; 11. Kitkes en ander heilige brood; 12. Markdag: Brood as ruilmiddel; 13. Terme wat in hierdie boek gebruik word; 14. Indeks; 15. Bronnelys; Back Cover
Sommario/riassunto	Hester se Brood, in Afrikaans, is set in a small town in the Little Karoo, where Hester van der Walt bakes bread in a woodfired oven for the local market in MacGregor. The book is inhabited by the spirit of the poets C. Louis Leipoldt and Martin Versfeld, as Hester van der Walt has the same deep rooted, intuitive connection between food and soul, especially food that is prepared with traditional ingredients and methods. Along with generous portions of soul food comes a down to earth delicious recipes that show you how to bake classic European breads, like ciabatta, focaccia, kitke and baguette