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Nota di contenuto	1. Shattered -- 2. Shattering the self: The effects of trauma on childhood development -- 3. Rebuilding the shattered self: The process of counseling -- 4. Phase I: Safety and stabilization -- 5. Phase II: Trauma processing: Integrating the components of a traumatic experience -- 6. Phase III: Consolidation and resolution -- 7. Additional treatment considerations for the client with dissociative identity disorder -- 8. Spiritual issues and resources in the treatment of complex PTSD -- 9. Vicarious traumatization and building counselor resilience -- 10. How the church can help -- Appendix A. Dissociative

experiences scale (DES-II) -- Appendix B. Coping mechanisms.

Sommario/riassunto

"Many counselors are not adequately prepared to help those suffering from complex posttraumatic stress disorder (C-PTSD). In this updated text, Heather Davediuk Gingrich provides an essential resource for Christian counselors, ably integrating the established research on trauma therapy with insights from her own thirty years of experience and an understanding of the special concerns related to Christian counseling"--
