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Locating Acupoints; Bone Proportional Measurements; Surface Anatomical Landmarks; Finger Measurement; Simple Measurement; Chapter 5 Specific Points; Five Shu Points; Lower He-Sea Points; Yuan-Primary Points; Luo-Connecting Points; Xi-Cleft Points; Back-Shu and Front-Mu Points; Eight Influential Points; Eight Confluent Points; Chapter 6 Commonly Used Acupoints; Acupoints of the Lung Meridian of Hand-Taiyin; (1) Zhongfu (LU 1, Front-Mu Point); Definition; Location; Method; Indications; Caution; (2) Chize (LU 5, He-Sea Point); Definition; Location; Method; Indications; Caution; (3) Kongzui (LU 6, Xi-Cleft Point); Definition; Location; Method; Indications; Caution; (4) Lieque (LU 7, Luo-Connecting Point); Definition; Location; Method; Indications; Caution; (5) Taiyuan (LU 9, Yuan-Source Point); Definition; Location; Method; Indications; Caution; (6) Yuji (LU 10, Ying-Spring Point); Definition; Location; Method; Indications; Caution; (7) Shaoshang (LU 11, Jing-Well Point); Definition; Location; Methods; Indications; Summary

Acupoints of The Heart Meridian of Hand-Shaoyin (1) Jiquan (HT 1); Definition; Location; Method; Indications; Caution; (2) Shaohai (HT 3, He-Sea Point); Definition; Location; Method; Indications; Caution; (3) Tongli (HT 4, Luo-Connecting Point); Definition; Location; Method; Indications; Caution; (4) Shenmen (HT 7, Yuan-Source Point); Definition; Location; Method; Indications; Caution; (5) Shaofu (HT 8, Ying-Spring Point); Definition; Location; Method; Indications; Caution; (6) Shaochong (HT 9, Jing-River Point); Definition; Location; Method; Indications; Caution; Summary

Acupoints of the Pericardium Meridian of Hand-Jueyin

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## Sommario/riassunto

Acupuncture and moxibustion are one of the most important contributions our ancestors have made to humankind. In the narrow sense, acupuncture and moxibustion refer to medical therapy, whilst broadly, they are an integral science consisting of four subdisciplines: the subject of meridians and acupoints, the subject of acupuncture and moxibustion techniques, the subject of acupuncture and moxibustion therapy, and the subject of experimental acupuncture and moxibustion.

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