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Titolo	Activities for older people in care homes : a handbook for successful activity planning / / Sarah Crockett
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Soggetti	Nursing homes - Recreational activities Older people - Recreation
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. The importance of activities and how to get started -- pt. 2. But what can I actually do?
Sommario/riassunto	When tasked with providing activities for older people in care, it can be difficult to know where to begin. What constitutes an activity? How can you make sure activities are positive and person-centred? What can you actually do? Offering advice, encouragement and a wealth of practical suggestions, this is an indispensable companion for carers.