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Za Dai Yu Ho ("Alone Seated on the Great Summit"); Nichi Nichi Kore Ko Jitsu ("Every Day Is a Good Day"); Ho Ken Ari Shu Ri ("Treasure Sword in My Hand"); Sei Fu Shu Chiku O Ugokasu ("Fresh Breeze Affects Serene Bamboo"); Gei Do Kore Butsu Do ("The Way of Art Is the Way of the Buddha"); Kumo Sari Seizan Arawareru ("Cloud Passes Blue Mountain Appears"); Bu Ji Kore Ki Nin ("Without Stratagem Is Noble Person"); Jiki Shin Kore Dojo ("Willing Heart Is the Dojo")
Mizu Itaru Kiyoshi Nashi Sakana ("Water Reaches Purity No Fish")
CHAPTER 8 Seven & Eight Ideogram Zengo; Ha Kkaku No Ma Ban Ku Ri O Hashiru ("Octagonal Grinding Disk Cuts Through the Universe"); Uchi Ni Mukai Soto Ni Mukai Au Mono O Subete Korosu ("Face In Face Out Meet Person Kill All"); CHAPTER 9 Students of Shodo; Appendix; Glossary; Acknowledgments; Back Cover

Sommario/riassunto

In this beautiful and extraordinary book, Shozo Sato, an internationally recognized master of traditional Zen arts, teaches the Japanese art of calligraphy through the power and wisdom of Zen poetry. Single-line Zen Buddhist koan aphorisms or zengo are one of the most common subjects for the traditional Japanese brush calligraphy known as shodo. Regarded as one of the key disciplines in fostering the focused, meditative state of mind so essential to Zen, shodo is practiced regularly by all students of Zen Buddhism in Japan. After providing a brief history of Japanese calligraphy
