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Autore	Bowling Allen C
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NONI JUICEOLIGOMERIC PROANTHOCYANIDINS; OPC; PADMA 28; PASSIONFLOWER; PHEASANT'S EYE; PINE BARK EXTRACT; POPLAR; PROPOLIS; PSYLLIUM; PYCNOGENOL; PYRIDOXINE; REISHI MUSHROOM; RIBOFLAVIN; ROYAL JELLY; S-ADENOSYLMETHIONINE; SAFFLOWER SEED OIL; SAGE; ST. JOHN'S WORT; SAME; SASSAFRAS; SAW PALMETTO; SCOPOLIA; SCULLCAP; SELENIUM; SENEGA; SENNA; SHEPHERD'S PURSE; SHIITAKE MUSHROOM; SIBERIAN GINSENG; SPIRULINA; STINGING NETTLE; SUNFLOWER SEED OIL; THIAMINE; THREONINE; THUNDER GOD VINE; TRIPTERYGIUM WILFORDII; UVA URSI; VALERIAN; VITAMIN A/BETA-CAROTENE; VITAMIN B1/THIAMINE; VITAMIN B2/RIBOFLAVIN VITAMIN B3/NIACIN VITAMIN B6/PYRIDOXINE; VITAMIN B12; VITAMIN C; VITAMIN D; VITAMIN E; VITAMIN K; WILD CARROT; WILD LETTUCE; WILLOW; WINTERGREEN OIL; WOODY NIGHT SHADE; YERBA MANSA; YOHIMBE; YOHIMBINE; ZINC; Appendix 1: Fatty Acids and MS; Appendix 2: Vitamins and Minerals: Recommended Daily Allowances (RDAs), Adequate Intakes (AIs), and Tolerable Upper Intake Levels (ULs); Index

Sommario/riassunto

There is a relatively high use of complementary and alternative medicine (CAM), especially dietary supplements, among people with multiple sclerosis (MS). Health professionals with CAM information can improve the quality of patient care by guiding patients away from possibly harmful therapies and, if appropriate, towards low-risk, possibly effective therapies. Dietary Supplements and Multiple Sclerosis is meant to be referred to when people with MS ask a question about a particular dietary supplement. Supplements are arranged in alphabetical order under the most commonly used name. In addition
