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Autore	Andersson Gerhard
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Nota di contenuto	Neurophysiological Models, Psychological Models, and Treatments for Tinnitus / Phillip E. Gander and Richard S. Tyler -- Treating Tinnitus in Patients with Otologic Conditions / David M. Baguley and Manohar L. Bance -- Internet-Delivered Guided Self-Help Treatments for Tinnitus / Gerhard Andersson and Eldre Beukes -- Tinnitus Activities Treatment / Ann Perreau, Richard S. Tyler, Patricia C. Mancini, and Shelley A. Witt -- Three-Track Tinnitus Protocol: Counseling Emphasizing the Patient, the Clinician, and the Alliance / Anne-Mette Mohr -- The Psychological Management of Tinnitus-Related Insomnia / Laurence McKenna and Elizabeth Marks -- Optimizing Hearing Aid Fittings for Tinnitus Management / Grant D. Searchfield and Alice H. Smith -- Combining Sound Therapy with Amplification / Grant D. Searchfield, Mithila Durai, and Tania Linford -- The Clinical Relevance of Apps for Tinnitus / Ann Perreau, Elizabeth Fetscher, and Michael Piskosz -- Distractions, Relaxation, and Peace with Tinnitus: Guided Imagery, Meditation, Mindfulness, and More / Ann Perreau, Courtney Baker, and Richard S. Tyler -- Tinnitus in Children / Mohamed Salah Elgandy and Claudia Coelho -- Measuring Tinnitus and Reactions to Tinnitus / Ann Perreau, Patricia C. Mancini, and Richard S. Tyler -- Hyperacusis / Richard S. Tyler, Ann Perreau, and Patricia C. Mancini -- Navigating Future Directions in Tinnitus Treatment / Fatima T. Husain -- Establishing a

Sommario/riassunto

The quintessential clinical guide for audiologists on tinnitus and hyperacusis patient management Since publication of the first edition in 2005, new developments have impacted the treatment paradigm for tinnitus, such as sensory meditation and mindfulness. Tinnitus Treatment: Clinical Protocols, Second Edition, by world-renowned tinnitus experts and distinguished authors Richard S. Tyler and Ann Perreau provides comprehensive background information, up-to-date strategies, essential tools, and online supplementary materials grounded in years of clinical experience and research. It fills a gap in graduate education and available materials to empower audiologists to effectively treat patients suffering from bothersome to severely debilitating symptoms associated with tinnitus or hyperacusis. The textbook includes 15 chapters, starting with three chapters on tinnitus models, treatment approaches, and self-treatment options. The next three chapters summarize counseling approaches for audiologists and psychologists, including introduction of the three-track psychological counseling program for managing tinnitus. Chapters 7 and 8 discuss the use of hearing aids in patients with hearing loss-related tinnitus and sound therapy using wearable devices. Chapter 9 covers smartphone apps for tinnitus assessment, management, and education and wellness, including discussion of limitations. The last six chapters provide guidance on tinnitus management topics including treating children, implementing outcome measures, hyperacusis treatment, and future directions. Key Features New relaxation/distraction tactics including meditation, mindfulness, guided imagery, biofeedback, progressive muscle relaxation, art and music therapy, exercise, and exploration of new hobbies Treatment guidance for patients with tinnitus associated with Meniere's disease, vestibular schwannoma, unilateral sudden sensorineural hearing loss, and middle ear myoclonus Discussion and research-based evidence covering Internet-delivered self-help treatment strategies New supplemental videos, brochures, handouts, questionnaires, and datasheets enhance knowledge, scope of practice, and incorporation of effective approaches into clinical practice This is a must-have resource for every audiology student and advanced courses, as well as essential reading for all audiologists who feel underprepared in managing tinnitus and/or hyperacusis.
