

1. Record Nr.	UNINA9910806166103321
Titolo	The use of aquatics in orthopedic and sports medicine rehabilitation and physical conditioning // [edited by] Kevin E. Wilk and David M. Joyner
Pubbl/distr/stampa	Thorofare, NJ : , : SLACK Incorporated, , [2014] ©2014
ISBN	1-61711-951-2 1-61711-956-3
Descrizione fisica	1 online resource (208 p.)
Altri autori (Persone)	WilkKevin E JoynerDavid M. <1950->
Disciplina	615.8/53
Soggetti	Hydrotherapy Physical fitness Rehabilitation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Aquatic therapy : history, theory, and applications / Bruce E. Becker -- Guidelines and indications for the use of aquatic therapy / Jessica Heath, and Lisa Pataky -- Pool selection, facility design, and engineering considerations -- David Joyner and Anson J. Flake -- Aquatic application for the lower extremity / Todd R. Hooks, Kevin E. Wilk, and Jason Palmer -- Aquatic application for the upper extremity / Leonard C. Macrina, A.J. Yenchak, Kevin E. Wilk, and Mike Reinold -- Aquatic rehabilitation for the spine / Timothy DiFrancesco and Lisa Pataky -- Chronic pain : fibromyalgia and other symptoms / Daniel Seidler -- Strength training and conditioning / Murphy Grant -- Sports-specific training / Murphy Grant -- Research evidence for the benefits of aquatic exercise / Stephen F. Crouse, and Dennis Dolny.