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Nota di contenuto	Neuropharmacology of mental illness / Paul A. Fredrickson and Elliott Richelson Effects of antidepressants on gene expression / Antonio Drago, Diana De Ronchi, and Alessandro Serretti Genetics of circadian rhythms in relation to mental illness / Sara Dallaspezia and Francesco Benedetti Neurochemistry and neurophysiology of sleep abnormalities associated with depression / Christopher Michael Sinton and Robert W. McCarley Neurobiology of insominia / Joelle Adrien and Lucile Garma Animal models of sleep and stress : implications for mental illness / Deborah Suchecki Insomnia and brain orexin alterations in depressive illness / Pingfu Feng and Kumaraswamy Budur Pathophysiology of changes in sleep EEG and hormone secretion / Axel Steiger and Mayumi Kimura Eating and sleep disorders : shared

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	mechanisms? / Naomi L. Rogers and Bradley G. Whitewell Sleep- endocrine relationships in depressed women across the reproductive cycle / Charles J. Meliska, Luis Fernando Martinez, and Barbara L. Parry Melatonin and mental illness / Gregory M. Brown, Daniel P. Cardinali, and S.R. Pandi-Perumal Dim light melatonin onset in pscyhiatric disorders / Marcel G. Smits [and others] Classification of sleep disorders / Imran M. Ahmed and Michael J. Thorpy Insomina : a risk for future psychiatric illness / Matthew R. Ebben and Lina Fine The association between sleep disorders and depression : implications for treatment / Negar Ahmadi, Philip Saleh, and Colin M. Shapiro Sleep in late-life depression / Wilfred R. Pigeon and Sara Matteson- Rusby Long-term effects of antidepressants on sleep / Marie E. Beitinger and Stephany Fulda Antidepressant-induced alteration of sleep EEG / Luc Staner, Corinne Staner, and Remy Luthringer. Rapid eye movement sleep interruption as a therapy for major depression / M.Y. Agargun Sleep and attention-deficit/hyperactivity disorder : science and clinical practice / Reut Gruber and Paolo De Luca Interaction between primary sleep disorders and attention- deficit/hyperactivity disorder / Anna Ivanenko and Sricharan Moturi Sleep in autism spectrum disorders / Roger Godout Sleep in schizophrenia / Roger Godbout Fatigue and sleepiness in affective disorder / Timo Partonen, D. Warren Spence, and S.R. Pandi-Perumal Sleep during antipsychotic treatment / Andreas Schuld, Christoph J. Lauer, and Thomas Pollmacher Sleep-related memory consolidation in mental illnesses / Nathalie Pross and Luc Staner Sleep-associated cognitive side effects of psychoactive medications / James F. Pagel Sleep and post-traumatic stress disorder / Andrea laboni and Harvey Moldofsky Sleep following traumatic brain injury / Marie-Christine Ouellet, Simon Beaulieu-Bonneau, and Charles M. Morin Sleep in borderline personality disorder / Jose Manuel de la Fuente Dream diff
Sommario/riassunto	The diagnosis of mental illness is frequently accompanied by sleep problems; conversely, people experiencing sleep problems may subsequently develop mental illness. Sleep and Mental Illness looks at this close correlation and considers the implications of research findings that have emerged in the last few years. Additionally, it surveys the essential concepts and practical tools required to deal with sleep and co-morbid psychiatric problems. The volume is divided into three main sections: basic science, neuroendocrinology, and clinical science. Included are over 30 chapters on topics such as neuropharmacology, insomnia, depression, dementia, autism, and schizophrenia. Relevant questionnaires for the assessment of sleep disorders, including quality-of-life measurement tools, are provided. There is also a summary table of drugs for treating sleep disorders. This interdisciplinary text will be of interest to clinicians working in psychiatry, behavioral sleep medicine, neurology, pulmonary and critical care medicine.