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Nota di contenuto	Intro -- Foreword -- Introduction -- 1. Urban Transformations - before the crash -- The Expansion -- Going for Growth -- The Upscaling -- Spatial Inequality in Reykjavik -- Scarce or Abundant Resources? -- The Groundbreaking Tour (Skoflustunguturinn) -- Big Plans: The Dream of Reykjavik 2007 -- Into the Firmament -- 2. Agents of Change - after the crash -- Traces (Spor) -- Top down / Bottom up - Changing Practices -- A Hole in a Hill -- Run for your Life -- Dyndilyndi -- The Sociopolitical Role of the Architect -- Local Agents of Change - grassroots practitioners on the fringe -- The New City -- 3. Urban Systems - current status -- Geology -- Water -- Planning -- Economy -- Housing -- Food -- Communication -- 4. Scenarios - into the future -- Urban Design and Ecology -- Research by Design -- Briefs: Water, Food, Mobility and Dwelling Student workshops -- Helgafellsland - on the fertile soil -- Ulfarsardalur - on the tundra -- Hafnarfjarðarhofn - on the landfill -- Vellir - on the lava -- Conclusions -- The Authors -- Illustration Credits -- Acknowledgements.