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Autore Angel Jacqueline L

Titolo Older Mexicans and Latinos in the United States: Where Worlds Meet

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Altri autori (Persone) Drumond AndradeFlavia C

RiosmenaFernando Mejia-ArangoSilvia

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Sommario/riassunto

This book explores the aging experience of older Mexicans and Latinos in the United States, highlighting the intersection of cultural, social, and health factors that shape their lives. It examines the resilience of Latino elders in the face of health disparities, socioeconomic challenges, and acculturation. The book also emphasizes the importance of community support, family dynamics, and policy advocacy in promoting health equity and well-being among aging Latino populations. It is intended for researchers, policymakers, and anyone interested in the health and social issues affecting aging Latino communities.