

1. Record Nr.	UNINA9910800087903321
Titolo	Religion and the subtle body in Asia and the West : between mind and body // edited by Geoffrey Samuel and Jay Johnston
Pubbl/distr/stampa	Abingdon, Oxon ; ; New York : , : Routledge, , 2013
ISBN	1-136-76647-2 0-203-55824-3 1-299-46947-7 1-136-76640-5
Descrizione fisica	1 online resource (290 p.)
Collana	Routledge studies in Asian religion and philosophy ; ; 8
Altri autori (Persone)	JohnstonJay SamuelGeoffrey
Disciplina	202/.2
Soggetti	Astral body Mind and body Philosophy and religion - Asia
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Subtle bodies in China and India -- pt. 2. Subtle bodies in the Tibetan tradition -- pt. 3. Subtle bodies in Europe and Islam -- pt. 4. Subtle bodies and modernity.
Sommario/riassunto	Subtle-body practices are found particularly in Indian, Indo-Tibetan and East Asian societies, but have become increasingly familiar in Western societies, especially through the various healing and yogic techniques and exercises associated with them. This book explores subtle-body practices from a variety of perspectives, and includes both studies of these practices in Asian and Western contexts. The book discusses how subtle-body practices assume a quasi-material level of human existence that is intermediate between conventional concepts of body and mind. Often, this level is conceiv