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Titolo	Helping children and young people who self-harm : an introduction to self-harming and suicidal behaviours for health professionals // Tim McDougall, Marie Armstrong, and Gemma Trainor
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Altri autori (Persone)	ArmstrongMarie <1965-> TrainorGemma
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Figures; Tables; Contributing authors; Foreword; Foreword; Acknowledgements; Note; Abbreviations; Introduction; 1 What do we mean by self-harm and suicide?; 2 Why is self-harm common among young people?; 3 What works for young people who self-harm?; 4 What do young people tell us about self-harm?; 5 Making sense of self-harm: The process of assessment; 6 Assessing and managing the risk of self-harm and suicide; 7 Treatments for young people who self-harm; 8 Involving parents and carers; 9 Service provision and care pathways 10 Preventing suicide and self-harm: A public health priority11 Self-harm and the legal framework; References; Online resources; Index
Sommario/riassunto	Every year thousands of children and young people attend emergency departments with problems resulting from self-harm. More still come

to the attention of CAMHS teams, school nurses and other community-based services. Helping Children and Young People who Self-harm provides clear and practical guidance for health professionals and other members of the children's workforce who are confronted by this complex and difficult area. Providing accessible evidence-based advice, this textbook looks at: what we mean by self-harm and its prevalence the legal backgr

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