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Titolo	Men's health : an introduction // edited by Diana Karczmarczyk and Susan A. Milstein
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Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	"This comprehensive book addresses men's health and wellness in the context of the male psyche, provides up to date research on men's health, discusses theoretical frameworks, shares perspectives from men and lists consumer resources and tools. Men's Health explores social, cultural, physical and psychological approaches to men's health with sections focusing on the psycho-social issues, the body, relationships, healthy living and aging, while taking into account cultural differences. Suitable for students taking undergraduate courses on men's health and wellness, this broad-ranging textbook is the ideal introduction to the topic"--