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"Social Dreaming" is the name given to a method of working with dreams that are shared and associated to within a gathering of people, coming together for this purpose. Its immediate origins date back to the early 1980s. At that time, the author was on the scientific staff of the Tavistock Institute of Human Relations. He was a core member of the Institute's Group Relations Program, within which he had developed a distinctive approach centering around the concept of "relatedness" - that is, the ways in which individual experience and behavior reflects and is structured by conscious and unconscious constructs of the group or organization in the mind. What the author has discovered or rediscovered in the social dreaming matrix is another context of contexts for dreaming, in which the emotional experience on which our capacity for dreaming, for entertaining dream thoughts, works is not that of the pair but that of the many: group, society, tribe, collective, race, species.

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