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In the beginning; The changing face of birth; The medical culture of birth; The technocratic approach to birth; Conclusion; References; 2. Choosing homebirth: Julia Magill-Cuerden; Introduction; Informing women; The right to choice of place of birth; What advice and

information; Giving information with sensitivity; Who attends the birth?;

When to inform women; Low-risk women

Homebirth and maternal physical well-beingHomebirth and psychological and emotional health; Criteria for decisions of place of birth; High-risk women; Options for care; Transfer; Resources to support homebirth; Place of delivery; Professional staff resources; Professional at delivery; Midwifery equipment; Medical back-up; Safe birth environment; Gaining skills and expertise; Safety of the midwife; Conclusion; References; 3. Guidelines to support homebirth: Bridgid McKeown and Verena Wallace; Introduction; National guidance; Local

guidelines; Evidence base; Information for women

Roles and responsibilitiesPlanning; Assessment; Documentation; Communication; Use of technology; Birth plan; After the birth;

Equipment; Medicines; Midwife supply order; Midwives' exemptions;

Medical gases; Attending a homebirth; Transfer of care; Emergency transfer during labour; 'Flying squads'; Rare events; Skills for homebirths: Continuing professional development; Homebirth and supervision of midwives; Standards and audit; Conclusion; References; Appendix 3.1 When should I call the midwife?; Appendix 3.2: Emergency callout; Appendix 3.3: Notification of request for homebirth Appendix 3.4: Notification of completed homebirthAppendix 3.5: Birth plan for homebirth; Housekeeping arrangements; Birth partners; First stage of labour; Second stage of labour; After the birth; Students; Concerns and transfer; Woman's checklist for homebirth; Appendix 3.6: Suggested equipment for midwives' homebirth kit; 4. Supporting homebirth: Mary Steen and Kath Jones: Introduction: Antenatal preparation; Being with woman; The debate; Childbirth without fear; Fear of childbirth; Normal birth; Social model versus medical model; Campaign for Normal Birth; Midwives' skills Skills for 'sussing out' labourPreparation of birth partners; Involving fathers: other benefits to the mother and baby; Preparing and involving children; Homebirth care pathway; Registering for homebirth; Risk assessment; Risk assessment: checklist; Equipment; When to call the midwife and in an emergency; Labour/birth equipment and resources; The birth plan; Midwives' skills, confidence and competencies: Conclusions: References: Appendix 4.1: All Wales Clinical Pathway for Normal Labour; Appendix 4.2: Ternovsky v. Hungary Appendix 4.3: Royal College of Midwives press release, 23 November 2010

## Sommario/riassunto

"Supporting Women to Give Birth at Home describes and discusses the main challenges and issues that midwives and maternity services encounter when preparing for and attending a home birth. To ensure that a home birth is a real option for women, midwives need to be able to believe in a woman's ability to give birth at home and to promote this birth option, providing evidence-based information about benefits and risks. This practical guide will help midwives to have the necessary skills, resources and confidence to support homebirth. The book includes: - the present birth choices a woman has - the implications homebirth has upon midwifery practice - how midwives can prepare and support women and their families - the midwife's role and responsibilities - national and local policies, guidelines and available resources - pain management options With a range of recent home birth case studies brought together in the final chapter, this accessible text provides a valuable insight into those considering homebirth. Supporting Women to Give Birth at Home will be of interest to students studying issues around normal birth and will be an important resource for clinically based midwives, in particular community based midwives, home birth midwifery teams, independent midwives, and all who are interested in homebirth as a genuine choice"--Provided by publisher.