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Autore	Murove Munyaradzi Felix
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Nota di contenuto	Intro -- Acknowledgements -- Contents -- Chapter 1: Introduction -- References -- Chapter 2: The Politicization of Spirituality in Southern Africa -- The Bible and Political Power -- The Religious Origins of Politics and Power -- References -- Chapter 3: Essentials of African Spirituality -- The Spirit -- Ancestors -- The Call -- Water Spirits: Njuzu -- Land Spirits -- Note -- References -- Chapter 4: A Symbiotic Relationship Between African Spirituality and Ethics -- Ancestors and Ethics -- Spirit and Ethics -- A Spirituality of a Relational Cosmology -- Vital Force as Spirit and Life -- Life as Supervening on Death -- Life and the African Paranormal Experiences -- References -- Chapter 5: African Spirituality as the Foundation for a Relational Ethic -- References -- Chapter 6: African Communitarian Ethics and Spirituality -- African Ethics and the Making of a Humanistic Spirituality -- A Crisis of Civilization -- Civilization and Individualism -- An African Model of a Communal Spirituality -- Ubuntu and Being Human -- References -- Chapter 7: Healing in African Spirituality and Ethics -- African Spirituality and Healing -- Cultural Relativity of Health and Healing -- The Capitalistic Disruption of the African Traditional Healthcare System -- National Healthcare Insurance and the Legacy of Colonialism -- Justice and the Ethic of Concern in the Provision of Healthcare -- References -- Index.

