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Titolo	African Spirituality and Ethics : Decolonising a False Dichotomy // by Munyaradzi Felix Murove
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Nota di contenuto	1 Introduction -- 2 The Politicization of Spirituality in Southern Africa -- 3 Essentials of African Spirituality -- 4 A Symbiotic Relationship Between African Spirituality and Ethics -- 5 African Spirituality as the Foundation for a Relational Ethic -- 6 African Communitarian Ethics and Spirituality -- 7 Healing in African Spirituality and Ethics.
Sommario/riassunto	This book explores the symbiotic relationship that exists between African spirituality and ethics. Felix Murove discusses how these two concepts are entwined, and illustrates how they play a role in applied ethical issues. He argues that the general understanding of spirituality in Africa stems from Christianity, which has had a negative impact on African indigenous spirituality. The conceptual tools that run throughout the book are considerably Afro-centric, a methodological strategy which inevitably requires the reader to adopt some prior

willingness to learn these Afro-centric concepts without easily resorting to western Christian and philosophical categories of thought. The book advocates for an Afro-centric conceptualization of spirituality and ethics, and encourages the reader to adopt a more holistic approach to African spirituality. Munyaradzi Felix Murove is a research associate at the University of the Free State, South Africa.
