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Titolo	The simple guide to child trauma : what it is and how to help // Betsy de Thierry ; illustrated by Emma Reeves
Pubbl/distr/stampa	London ; ; Philadelphia : , : Jessica Kingsley Publishers, , 2017
ISBN	1785921363 9781785921360 1784504017 9781784504014
Descrizione fisica	1 online resource
Disciplina	618.92/8521
Soggetti	Psychic trauma in children Psychic trauma in children - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Understanding trauma – The impact of trauma – Helping a child become calm – Frustrating behaviours from traumatized children – Key approaches to help children recover – Important things to consider when trying to facilitate recovery – Getting your head around the different therapies on offer.
Sommario/riassunto	"What is trauma? How does it affect children? How can adults help? Providing straightforward answers to these complex questions, The Simple Guide to Child Trauma is the perfect starting point for any adult caring for or working with a child who has experienced trauma. It will help them to understand more about a child's emotional and behavioural responses following trauma and provides welcome strategies to aid recovery. Reassuring advice will also rejuvenate adults' abilities to face the challenges of supporting children." -- Publisher's description.