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Nota di contenuto	Principles of Ear Acupuncture: Microsystem of the Auricle; Title Page; Copyright; Foreword; Preface; Contributors; Contents; Basics/Theory; 1 Introduction; 1.1 History; 1.2 The Term Microsystem; 1.3 Scientific Findings Concerning Ear Acupuncture; 1.4 Ear and Body Acupuncture-A Comparison; 1.5 Laterality; 1.6 Indications and Contraindications; 1.7 Side Effects and Complications; 1.8 Nomenclature; 2 Anatomy of the Outer Ear (Auricle); 2.1 Anatomical Nomenclature; 2.2 Embryology and Innervation; 2.3 Overview of Zones of Representation; 3 Systematic Localization of Points on the Auricle 3.1 Lateral Surface of Auricle (Front of Ear)3.1.1 Supratragic Notch; 3.1.2 Tragus; 3.1.3 Intertragic Notch; 3.1.4 Antitragus; 3.1.5 Postantitragal Fossa; 3.1.6 Lobule; 3.1.7 Antihelix; 3.1.8 Scapha; 3.1.9 Helix and Helical Brim; 3.1.10 Ascending Helix; 3.1.11 Crus of Helix; 3.1.12 Inferior Concha; 3.1.13 Superior Concha; 3.2 Medial Surface of Auricle (Back of Ear); 3.2.1 Overview; 3.2.2 Systematics of Reflex Zones; 4 Special Points and Treatment Areas; 4.1 Analgesic Points; 4.2 Vegetative Groove (According to Lange); 4.3 Sensory Line; 4.4 Vertigo Line; 4.5 Vegetative Points 4.6 Psychotropic PointsPractice; 5 Introduction; 5.1 Patient History; 5.2 Therapeutic Obstacles and Special Situations; 5.3 Diagnostic Clues through Inspection and Palpation; 5.3.1 Visual Inspection; 5.3.2 Examination by Palpation; 6 Basic Tools and Procedures; 6.1 Pressure Palpation of Points; 6.2 Electrical Detection of Points; 6.3 "Very Point"

Technique; 6.4 Vascular Autonomic Signal, Reflexe Auriculocardiac, Nogier's Reflex; 6.5 Needling Technique and Choice of Needles; 7 Methods of Stimulation; 7.1 Needling and Electrical Stimulation; 7.2 Infiltration of Points and Zones
7.3 Use of the Soft Laser7.4 The Use of Laser in Ear Acupuncture; 7.4.1 Introduction; 7.4.2 Physical Principles; 7.4.3 Biological Principles; 7.4.4 Clinical Use; 7.4.5 Treatment Examples; 7.5 Auricular Massage; 7.6 Microphlebotomy; 7.7 Methods of Continuous Stimulation; 8 Practical Approach; 8.1 Preparation and Positioning of the Patient; 8.2 Choice of Primary Therapeutic Access; 8.2.1 Segment Therapy or Choice of Correspondence Points; 8.2.2 Choice of Analgesic or Anti-inflammatory Points; 8.2.3 Choice of Psychotropic and Vegetative Points; 8.3 Choice of Supplementary Points
8.4 Choice of Stimulation Method8.5 Strength of Stimulus, Treatment Intervals, and Duration of Sessions; 8.5.1 Drainage; 8.5.2 Supplementation; 8.6 Combination with Other Methods of Stimulation; 9 Established Indications; 9.1 Diseases of the Eye; 9.1.1 Allergic Conjunctivitis; 9.1.2 Optic Atrophy; 9.2 Diseases of Ear, Nose, and Throat; 9.2.1 Globus Sensation; 9.2.2 Laryngitis; 9.2.3 Meniere's Disease; 9.2.4 Pollinosis; 9.2.5 Forms of Rotary Vertigo; 9.2.6 Tinnitus; 9.2.7 Sinusitis; 9.3 Diseases of the Respiratory System; 9.3.1 Bronchial Asthma; 9.3.2 Chronic Bronchitis
9.4 Diseases of the Cardiovascular System

Sommario/riassunto

This outstanding reference guide and textbook provides a comprehensive review of both the French (after Nogier) and Chinese schools of acupuncture. The book offers a detailed description of the anatomy and morphology of the ear, acupoints on the ear and their localizations, as well as specific points for ear acupuncture. Dr. Rubach, with over twenty years experience as a practitioner and teacher, provides valuable information in an easy-to-read, helpful format. You will learn how to use ear acupuncture safely and effectively. Large-format, graphic images are used to clearly show the location o
