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Nota di contenuto	Praise for Michael Melcher and The Creative Lawyer; Title Page; Copyright; Dedication; Contents; Acknowledgments; About Michael Melcher; Part 1 Self; Chapter 1: What Happens Now?; Why You Need This Book; Being the Creative Lawyer; Why a Second Edition; How This Book Will Help You; Exercise: A Snapshot of Where You Are Now; Chapter 2: 20 Minutes a Day; The Limits of Critical Thinking; The Big Picture: Creating Your Master Plan; The Details: 20 Minutes a Day on Your Career-Not in Your Career; Exercise: Plan Your Next Ten 20-Minute Sessions; Exercise: Make Your Pledge Exercise: Identify Your Time BogsList Your Time-Wasting Activities; List Triggering Situations; Take Positive Action; Exercise: Use Issue Spotting to Move Forward, Not Stay Stuck; Scenario; Tasks; The Big Picture; Working and Living More Effectively; Chapter 3: Who You Are Now: Identifying Your Values; When Do You Like Being You?; Your Peak Experiences; Exercise: Your Peak Experiences; Generate Recollections; Detail Your Peak Experiences; Derive Values; Exercise: Interest Questionnaire; The Evolution of Values over Time; Debrief; Evaluating Your Shoulds; Exercise: List Your Shoulds Exercise: Your Restatement of ShouldsExercise: Values Summary; My Top Values; Master Plan Intervention!; Examples of Values; Chapter 4: Living Your Values in Work and Life; Theories of Balance; Lessons from Child Rearing; How Close Are You?; Creating a Values Fulfillment Plan;

Exercise: Brainstorming Your Values Plan; Debrief; Chapter 5: Be Clear about Your Trade-offs; The Unlikely Story of Betsy Chao; Betsy's Trade-offs; The Mystery of the Older Law Students; Disaggregating Your Job's Characteristics; Exercise: Identifying Pluses and Minuses; Low-Level Values Conflicts; Career Annoyances
Exercise: Career Annoyances You Can Live With
The Negatives That Go with the Positives; Violations of Your Bottom Line; Exercise: Identifying Your Bottom Line; Living with Ambivalence; Exercise: The Power of "And"; Master Plan Intervention!; Evaluation Point: What's Going On in Your Career?; "How My Job Works for Me"; Exercise: "How My Job Works for Me"; Chapter 6: Exercising Vision; Alicia Walks into a Dream Job; Vision and Ambivalence; Goals versus Visions; Creating Career Visions; Exercise: Creating Career Vision Statements; Examples; Your Career Vision Possibilities
Master Plan Intervention!
Exercise: Additional Vision Research-Doing Market Research on Yourself; Supporting Your Vision; Exercise: Brainstorming Your Board; Master Plan Intervention!; How Visions Reshape Themselves; Exercise: Interim Vision Assessment; Part 2 Work; Chapter 7: Self-Management and Type; From Aramaic to B-Corps; Exercise: Work Styles Quiz; The Insight of Type; How Preferences Play Out in Work; Extraversion and Introversion; Sensing and Intuition; Thinking and Feeling; Judging and Perceiving; Self-Awareness versus Growth; Exercise: Stretch Yourself by Building on Your Strengths
Preference for Extraversion

Sommario/riassunto

Brilliantly written, consistently practical, and filled with scores of illuminating exercises, including many new ones, this is the book the profession has been waiting for. You become the creative lawyer when you take stewardship of your own life and career. This means analyzing your desires, interests, temperament and ambitions. It means designing goals related to things you're sure about and designing experiments about things you're not. It means mastering the present while anticipating the future.
