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Titolo	The moving body in the aural skills classroom : a eurhythmics based approach / / Diane Urista
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- 1. Purpose. Why the moving body in the aural skills classroom? -- Healing the mind-body split in college music training -- Rhythms from the body -- What is the kinesthetic sense or traditional vs. embodied approach? -- Musical affect and expressive performance -- 2. Methodology. Experience before analysis -- Spiral of learning -- Sensation before conceptualization -- Internalization and automatisms -- Improvisation : cultivating one's physiological evidence -- Reflective stillness : movement is not an end in itself -- 3. Getting started (notes to the instructor). Pedagogical tips -- Chapter 1 : Basics -- Chapter 2 : Warm ups -- Chapter 3 : Rhythm -- Chapter 4 : Pitch, scale, and melody -- Chapter 5 : Harmony -- Chapter 6 : Phrase, forms, plastique animae.
Sommario/riassunto	The Moving Body in the Aural Skills Classroom-influenced by Dalcroze-Eurhythmics-is a practical guide for college instructors and students interested in integrating the moving body into the aural skills classroom. The book presents movement exercises for teaching rhythmic, melodic, harmonic and formal concepts to encourage a dynamic link between musical training and artistic performance.

