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Titolo	Artbreak : a creative guide to joyful and productive classrooms // Katherine Ziff
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ISBN	0-8040-4072-9
Descrizione fisica	1 online resource (169 pages) : color illustrations, photographs, tables
Classificazione	EDU000000ART000000PSY034000
Disciplina	372.5/044
Soggetti	Art - Study and teaching (Elementary) - Activity programs Education, Elementary - Activity programs
Lingua di pubblicazione	Inglese
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Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	; Machine generated contents note: ; pt. I FOUNDATIONS -- ; 1. Why ArtBreak? -- ; 2. Creative Framework -- ; pt. II MATERIALS, SPACE & PROCEDURES -- ; 3. Materials and Tools -- ; 4. Soul of the Studio -- ; 5. Procedures -- ; pt. III FROM START TO FINISH -- ; 6. Session Plans -- First Session: Introduction to ArtBreak -- Second Session: Introducing Choice and Cleanup -- Introducing Finger Painting -- Introducing Collage -- Introducing Construction: Brass Fasteners -- Introducing Construction: Robots -- Introducing Sewing: A Pillow -- Winter Relaxation: Watercolor on Wet Paper -- Reflecting -- Last Session -- RESOURCES -- Materials and Tools: Basics and Beyond -- Developing Your Skills -- No-Cook Playdough Recipe -- Request for Donations -- ArtBreak Referral Form -- Family Permission Letter -- Note to Families: What to Do with Constructions -- Individual Student Documentation Forms -- Sample ArtBreak Progress Reports.
Sommario/riassunto	"Play is the central, universally significant activity of childhood. Self-directed play in which adults have a supporting rather than directing role is critical to the development and well-being of children. Yet as children have their days and nights increasingly scripted and planned for them, opportunities for play have disappeared over the last half century, especially in schools. ArtBreak's innovation lies in its creative framework. Former school counselor, current professor of counseling,

and practicing artist Katherine Ziff developed and tested the program over five years, integrating theory and practice from art therapy, counseling, and child-centered education. The result is a choice-based, guided play experience based on the developmental and restorative possibilities of art making. A detailed how-to guide, this book is the flexible and accessible toolbox that teachers, parents, and counselors need to facilitate relaxing, art-based play that allows children to freely explore, plan, and pursue their own interests with adult support. Easy to implement, ArtBreak can be added to the regular routines of classroom, home, therapy office, or other community setting at whatever scale suits space, time, and budget. No art training is required, only a willingness to embark on a play journey with children"

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