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Nota di contenuto	PARTIES, DORMS ANDSOCIAL NORMS: A CRASH COURSE IN SAFE LIVING FOR YOUNG ADULTS ON THE AUTISM SPECTRUM by Lisa M. Meeks and Tracy Loye Masterson, with Michelle Rigler and Emily Quinn; Acknowledgments; Foreword: A Parent's Perspective; Foreword: A Young Adult's Perspective; Part One: Social Aspects of Adult Life; 1. Socializing Safely; 2. "Friend Me": Safe and Healthy Relationships; 3. Let's Talk about Sex: Sexuality, Sexual Relationships and Safe Sex; Part Two: Health Concerns in Adulthood; 4. Safely Navigating the Web: Social Media and Online Safety; 5. Drinking and Drugs: Danger Zone! 6. Stressing Out: Managing Stress and HealthPart Three: Independent Living; 7. Don't Touch my Things: Independent Living and Roommates; 8. Household Safety; 9. Keeping Track of the Dough: Safe and Smart Money Management; Index; Blank Page
Sommario/riassunto	For young people with ASD, navigating leaving home, parties, and the first sexual encounters of their twenties can be tricky. This practical guide is full of tips for how to stay safe while making the most out of life and it includes advice on socialising, relationships, online safety, looking after your health, and more.