

1. Record Nr.	UNINA9910163887603321
Autore	Turner Natasha
Titolo	The Hormone Diet : A 3-Step Program to Help You Lose Weight, Gain Strength, and Live Younger Longer
Pubbl/distr/stampa	Gordonsville : , : Potter/Ten Speed/Harmony/Rodale, , 2011 ©2011
ISBN	1-60529-100-5
Descrizione fisica	1 online resource (339 pages)
Disciplina	615.5/35
Soggetti	Reducing diets--Popular works
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	Outlines a three-step program designed to correct hormonal imbalances for potential health benefits, explaining how to identify problem areas in order to address such challenges as weight gain, insomnia, and mood disorders.

2. Record Nr.	UNINA9910798264003321
Autore	Dainotto Roberto M (Roberto Maria), <1962->
Titolo	The Mafia : a cultural history / / Roberto M. Dainotto
Pubbl/distr/stampa	London, England : , : Reaktion Books, , 2015 ©2015
ISBN	1-78023-472-4
Descrizione fisica	1 online resource (239 pages) : illustrations
Disciplina	364.10609
Soggetti	Organized crime Mafia in motion pictures Mafia in literature
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; The MAFIA: A Cultural History; Imprint Page; Contents; Preface ; One: Of Rustic Knights and Godfathers: The Origin of the Mafia; Two: From Corleone to Hollywood; Three: The Far West is Here; Four: The Godfather; Five: Prime Time; Six: Avatars; References; Bibliography; Acknowledgements; Photo Acknowledgements; Index
Sommario/riassunto	What makes Tony Soprano so likeable? Why would we rather leave the cannoli and take the gun? Do we truly want Scarface's Tony Montana to succeed? Is Michael Corleone a misunderstood hero or a despicable villain? Roberto Dainotto traces the complex and fascinating development of the Mafia: its rural beginnings in Western Sicily; its growth into what has been aptly described as a global multinational of crime; and its parallel evolution in music, print and on the big screen. The book probes the tension between the real Mafia - its brutal and often violent reality - and how we imagine it to be: a mythical assembly of codes of honour, family values and chivalric masochism. Rather than dismissing such Mafia stereotypes as untrue, Dainotto sets out to understand what needs and desires, material and psychic longings, are satisfied by our Mafia fantasies. Exploring the rich array of films, books, television, music and even video games portraying and inspired by the Mafia, this book offers not only a social, economic and political history of the Mafia but a new way of understanding our enduring

fascination with what lurks behind the sinister omerta of the family business.
