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| 1. Record Nr. | UNINA9910163887603321 |
| Autore | Turner Natasha |
| Titolo | The Hormone Diet : A 3-Step Program to Help You Lose Weight, Gain Strength, and Live Younger Longer |
| Pubbl/distr/stampa | Gordonsville : , : Potter/Ten Speed/Harmony/Rodale, , 2011 ©2011 |
| ISBN | 1-60529-100-5 |
| Descrizione fisica | 1 online resource (339 pages) |
| Disciplina | 615.5/35 |
| Soggetti | Reducing diets--Popular works |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Sommario/riassunto | Outlines a three-step program designed to correct hormonal imbalances for potential health benefits, explaining how to identify problem areas in order to address such challenges as weight gain, insomnia, and mood disorders. |

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| 2. Record Nr. | UNINA9910798264003321 |
| Autore | Dainotto Roberto M (Roberto Maria), <1962-> |
| Titolo | The Mafia : a cultural history / / Roberto M. Dainotto |
| Pubbl/distr/stampa | London, England : , : Reaktion Books, , 2015 ©2015 |
| ISBN | 1-78023-472-4 |
| Descrizione fisica | 1 online resource (239 pages) : illustrations |
| Disciplina | 364.10609 |
| Soggetti | Organized crime Mafia in motion pictures Mafia in literature |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Cover; The MAFIA: A Cultural History; Imprint Page; Contents; Preface ; One: Of Rustic Knights and Godfathers: The Origin of the Mafia; Two: From Corleone to Hollywood; Three: The Far West is Here; Four: The Godfather; Five: Prime Time; Six: Avatars; References; Bibliography; Acknowledgements; Photo Acknowledgements; Index |
| Sommario/riassunto | What makes Tony Soprano so likeable? Why would we rather leave the cannoli and take the gun? Do we truly want Scarface's Tony Montana to succeed? Is Michael Corleone a misunderstood hero or a despicable villain? Roberto Dainotto traces the complex and fascinating development of the Mafia: its rural beginnings in Western Sicily; its growth into what has been aptly described as a global multinational of crime; and its parallel evolution in music, print and on the big screen. The book probes the tension between the real Mafia - its brutal and often violent reality - and how we imagine it to be: a mythical assembly of codes of honour, family values and chivalric masochism. Rather than dismissing such Mafia stereotypes as untrue, Dainotto sets out to understand what needs and desires, material and psychic longings, are satisfied by our Mafia fantasies. Exploring the rich array of films, books, television, music and even video games portraying and inspired by the Mafia, this book offers not only a social, economic and political history of the Mafia but a new way of understanding our enduring |

fascination with what lurks behind the sinister omerta of the family business.
