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Titolo	Hell is a very small place : voices from solitary confinement / / edited by Jean Casella, James Ridgeway, and Sarah Shourd ; preface by Sarah Shourd ; introduction by Jean Casella and James Ridgeway ; afterword by Juan E. Mendez
Pubbl/distr/stampa	New York, New York ; ; London, [England] : , : The New Press, , 2016 ©2016
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Nota di contenuto	Preface: A Human Forever; Introduction; Part I Voices From Solitary Confinement; A Sentence Worse than Death; Living in the SHU; Innocent in the Eyes of the Law; On the Verge of Hell; Supermax Diary; Writing Out of Solitude; Loneliness Is a Destroyer of Humanity; A Tale of Evolving Resistance; Dream House; A Nothing Would Do as Well; Weak as Motherfuckers; Scarred by Solitary; A Fragile Shell of Who I Used to Be; The Freshman; Because I Could Laugh; Invisible; Part II Perspectives on Solitary Confinement; Psychiatric Effects of Solitary Confinement; How to Create Madness in Prison Solitary Confinement and the LawTorture of a Student; The California SHU and the End of the World; Afterword: Exposing Torture; Acknowledgments
Sommario/riassunto	"The UN Special Rapporteur on Torture has denounced the use of solitary confinement beyond fifteen days as a form of cruel and degrading treatment that often rises to the level of torture. Yet the United States holds more than eighty thousand people in isolation on any given day. Now sixteen authors vividly describe the miserable realities of life in solitary. In a book that will add a startling new dimension to the debates around human rights and prison reform,

former and current prisoners describe the devastating effects of solitary confinement on their minds and bodies, the solidarity expressed between individuals who live side by side for years without ever meeting one another face to face, the ever-present specters of madness and suicide, and the struggle to maintain hope and humanity. These firsthand accounts are supplemented by the writing of noted experts, exploring the psychological, legal, ethical, and political dimensions of solitary confinement, and a comprehensive introduction by James Ridgeway and Jean Casella. Sarah Shourd, herself a survivor of more than a year of solitary confinement, writes eloquently in a preface about an experience that changed her life. "--
