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Titolo	Aromatica : a clinical guide to essential oil therapeutics. Volume 1, Principles and profiles // Peter Holmes ; forewords by Gabriel Mojay, Tiffany Carole Pollard and Charles Lev ; illustrated by Mimi Camp
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Aromatica Volume 1 by Peter Holmes; Foreword by Gabriel Mojay; Foreword by Tiffany Carole Pollard; Foreword by Charles Lev; Acknowledgements; Introduction; 1. Exploring the Roots of the Materia Aromatica; 2. Examining the Sources of Essential Oils ; 3. Defining Essential Oils as Bioactive Remedies; 4. Issues of Essential Oil Safety ; 5. Surveying the Modalities of Essential Oil Therapy; 6. The Essential Oil Profile; Materia Aromatica, Part I; Atlas Cedarwood; Bergamot; Black Spruce; Blue Tansy; Cajeput; Clary Sage; Eucalyptus ; Blue-Gum Eucalyptus; Narrow-Leaf Eucalyptus ; Geranium German CamomileGinger; Helichrysum; Juniper Berry; Lavender; Lemon; Lemongrass; Mandarin; Marjoram; May Chang; Palmarosa; Patchouli; Peppermint; Ravintsara; Roman Camomile; Rosemary ct. Cineole and ct. Camphor; Siberian Fir; Spearmint; Tea Tree; Thyme ct. Linalool; Vetiver; Ylang Ylang No. 1 and Ylang Ylang Extra; Selective Bibliography; Glossary of Terms; Common Name Cross Index; Index; Essential Oils Index; Blank Page
Sommario/riassunto	This clinical reference provides complementary therapists with a reliable, detailed database of essential oils and their psychological, physiological and topical uses. Taking a holistic approach, Peter Holmes provides a wealth of information on the uses of essential oils in energetic and Chinese medicine. Extensive Materia Medica included.

