

1. Record Nr.	UNINA9910798179803321
Autore	Thacker Karissa
Titolo	The art of authenticity : tools to become an authentic leader and your best self // Dr. Karissa Thacker
Pubbl/distr/stampa	Hoboken, New Jersey : , : Wiley, , 2016 ©2016
ISBN	1-119-15354-9 1-119-15346-8
Edizione	[1st edition]
Descrizione fisica	1 online resource (239 p.)
Classificazione	BUS071000
Disciplina	658.4/092
Soggetti	Leadership - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The Art of Authenticity: Tools to Become an Authentic Leader and Your Best Self; Contents; Preface; Part I: A New Vision of Authenticity; Chapter 1. The Digital Era of Freedom and Fear; The Call to Authenticity; On Becoming More Authentic; The Particular Challenges of Now and How Did We Get Here?; The Dawn of the Digital Age; Digital Era = Fear + Freedom; Responding to the Challenges of Freedom and Fear; The Workouts; Chapter 2: Signature Contributions vs. Conformity; Celebrate Your Quirks; The More Experiments the Better; The Upside of Your Weaknesses; Meaning Matters; The Workouts The Ideal Self, the Current Self, and Lots in Between The Workouts; Chapter 6: Balanced Processing and Collaborative Decision Making; What Is Balanced Processing?; Get in Balanced Processing Gear or Not; Three Tricky Words for Leaders; Hire a Brilliant Antagonist or Three; Know and Own All Your Biases; Have a Big Ego and Put It on the Shelf; The Workouts; Chapter 7: Relational Transparency and Honest Conversations; The Value of Honest Conversation; Transparency That Creates Business Results; Emotional Transparency Matters, Too; The Myth of Total Transparency; The Age of Transparency General Practical Rules of the Transparency RoadThe Challenge of Transparency; The Workouts; Chapter 8: Internalized Moral Perspective/An Active, Unique GPS System; Prisons, Orderly Stages, and Elephants; Putting Up Psychological Guardrails; The One Thing; The

Workouts; Part III: The Master Class; Chapter 9. The Centrality of Conscious Choice; Debunking Popeye's Version of Authenticity; The Reality of Authenticity; Choosing Authentic Action; Choose to Experiment; Choose to Notice the Novel; In Closing; The Workouts; Chapter 10: How to Read Culture Like an Anthropologist Practical Anthropology Via iPhones the Organization Working to Be More Authentic?; Figuring Out Fit; The Mind-Set of a Corporate Anthropologist; The Workouts; Chapter 11: How to Make Peace with Paradox; Who Are You (Really)?; Three Selves That Won't Magically Align; Authentic Leadership Is a State of Mind; The Workouts; Chapter 12: How to Ferociously Seek the Truth (When Everyone Is Framing and Spinning); The Truth Serum Question; The Trust Meter Is Always Running; In Search of a Virtue Buzz; Self-Defining Moments; The Workouts; Conclusion; Notes; Acknowledgments; About the Author; Index
End User License Agreement

Sommario/riassunto

Leverage your authentic self into a valuable leadership strategy The Art of Authenticity is a guide to becoming a better leader by achieving your best self. All people bring different sides of themselves to various situations. This book will show you how to broaden and deepen your effectiveness by presenting the most appropriate side of yourself. Dr. Karissa Thacker is the management psychologist called on by over two hundred Fortune 500 companies to work with high potential leaders. This book provides you with her expert guidance, based on validated psychological research and artful application of psychological principles to actual business situations, to help you become an authentic leader. You'll learn how to lead through reflection, action, and conscious choice, and how to maintain your guiding principles while effectively leading your team. By replacing habitual reactions with authentic ones, you'll find that you're modeling good behavior and effective decision-making—and that authenticity is contagious. This guide equips you with the tools and skills you need to be the catalyst of positive change your organization needs. How do you remain authentic while being an effective leader? This book argues that the question isn't a duality. Authenticity is the best way to lead, and the only way to maintain sustainable success as an organization. This insightful guide shows you how to find your authentic self, and leverage that into an effective, executable leadership strategy. Become authentic in a way that befits your values Show loyalty, honesty, ethics, and consideration Maintain authenticity in leadership roles Make conscious choices instead of blind reactions Some are born to lead, other must be taught, but all leaders must work to retain their own values and basic sense of self. A simple pause can mean the difference between a knee-jerk reaction and an authentic decision, and the effects ripple throughout your organization. The Art of Authenticity is your guidebook to finding the true authentic leader within, and leading from the inside out for the long haul.
