

1. Record Nr.	UNINA9910798072603321
Titolo	Prescribing health : transcendental meditation in contemporary medical care // edited by David F. O'Connell and Deborah L. Bevvino
Pubbl/distr/stampa	Lanham : , : Rowman & Littlefield, , [2015] ©2015
ISBN	1-4422-2627-7
Descrizione fisica	1 online resource (315 p.)
Disciplina	158.1/28
Soggetti	Meditation - Health aspects Meditation - Therapeutic use Transcendental Meditation - Health aspects Transcendental Meditation - Therapeutic use
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The transcendental meditation technique (TM) : what, how, and why / Robert W. Boyer -- How meditation heals : the brain and higher states of consciousness / Fred Travis -- Stress, illness, and transcendental meditation : a triad worth exploring / Deborah L. Bevvino -- Transcendental meditation and cardiovascular health / Vernon A. Barnes -- Transcendental meditation, diabetes, and other disorders / David Lovell-Smith -- Transcendental meditation research on anxiety & anxiety disorders / Sarnia Grosswald, David F. O'Connell, James Krag -- Transcendental meditation in the treatment of depression / James S. Brooks -- The use of transcendental meditation in promoting recovery and preventing relapse for addictive diseases / David F. O'Connell, Alarik Arenander -- The TM program and the treatment of childhood disorders / William R. Stixrud, Sarnia Grosswald -- The TM technique as a preventative approach for improving health-care outcomes / Maxwell V. Rainforth, Robert E. Herron -- Addressing societal problems through the transcendental meditation program : aging, prison rehabilitation, and collective health / David W. Orme-Johnson, David F. O'Connell.
Sommario/riassunto	This book provides health care professionals and others with an

understanding of over three decades of research on Transcendental Meditation and the treatment of chronic medical and psychiatric disorders as well as the use of Transcendental Meditation in effective health programs with a wide range of disorders and patient populations.

2. Record Nr.	UNINA9910710271803321
Autore	Swaffield J. A. <1943->
Titolo	Prediction of the hydraulic jump location following a change of slope in a partially filled drainage pipe // J. A. Swaffield
Pubbl/distr/stampa	Gaithersburg, MD : , : U.S. Dept. of Commerce, National Institute of Standards and Technology, , 1981
Descrizione fisica	1 online resource
Collana	NBSIR ; ; 81-2367
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	1981. Contributed record: Metadata reviewed, not verified. Some fields updated by batch processes. Title from PDF title page.
Nota di bibliografia	Includes bibliographical references.