

1. Record Nr.	UNINA9910798030703321
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Titolo	Big dreams : the science of dreaming and the origins of religion // Kelly Bulkeley
Pubbl/distr/stampa	New York, NY : , : Oxford University Press, , 2016
ISBN	0-19-935155-4 0-19-935156-2 0-19-935154-6
Descrizione fisica	1 online resource (353 p.)
Disciplina	154.6/3
Soggetti	Dreams Experience (Religion)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Sleep -- Evolution -- The brain -- Health -- Culture -- Dreaming -- Recall -- Content -- Continuities -- Discontinuities -- Big dreams -- Aggressive -- Sexual -- Gravitational -- Mystical -- Religious experience -- Demonic seduction -- Prophetic vision -- Ritual healing -- Contemplative practice.
Sommario/riassunto	'Big dreams' are rare but extremely vivid forms of dreaming that make a strong, lasting impact on waking consciousness. Experiences of big dreaming have played prominent roles in religious and cultural traditions throughout history. This book provides an original, evidence-based analysis of big dreams drawing on research from cognitive science and the comparative history of religions. The goal is to shed new light on the classic theory of Nietzsche, Tylor, and others that the origins of religion can be found in dreaming.