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Titolo	Mentalization-based treatment for personality disorders : a practical guide // Anthony Bateman and Peter Fonagy
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Preface; Contents; Part 1 The mentalizing framework; 1 What is mentalizing?; 2 Using the mentalizing model to understand personality disorder; 3 Comorbidity; 4 Assessment of mentalizing; 5 Structure of mentalization-based treatment; Part 2 Mentalizing practice; 6 Clinician stance; 7 Principles for the mentalizing clinician; 8 The mentalizing focus: support, empathy, and validation; 9 The mentalizing focus: clarification, affect elaboration, affect focus, and challenge; 10 Relational focus of mentalizing: transference tracers and mentalizing the relationship 11 MBT-Introductory group (MBT-I)Part 3 Mentalizing groups; 12 Mentalizing group therapy; 13 Antisocial personality disorder: mentalizing, MBT-G, and common clinical problems; Part 4 Mentalizing systems; 14 Mentalizing and families: the Families and Carers Training and Support program (FACTS); 15 Mentalizing the system; Recommended further reading; Index
Sommario/riassunto	Loss of mentalizing leads to interpersonal and social problems, emotional variability, impulsivity, self-destructive behaviours, and

violence. This practical guide on MBT treatment of personality disorders outlines the mentalizing model of borderline and antisocial personality disorders and how it translates into an effective clinical treatment.

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