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Titolo	Let's talk about death : asking the questions that profoundly change the way we live and die // Steve Gordon and Irene Kacandes
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Nota di contenuto	Cover -- Title Page -- Copyright Page -- Dedication Page -- Contents -- Acknowledgments -- Preface -- Chapter 1: What Is Life with Death? -- Chapter 2: Is Dying an Injustice? -- Chapter 3: How Do I Handle Pain at End of Life? -- Chapter 4: What about Caregiving? -- Chapter 5: Is Sudden Death Different? -- Chapter 6: What Comes after I Die? -- Chapter 7: What about Grief? -- Chapter 8: What's So Great about Mortality Anyway? -- Afterword: Reaping the Benefits of Our Exchange -- Appendices: Resources and Inspirations for Continued Thinking about Mortality -- Appendix A -- Suggested Resources and Inspirations for Ordinary Mortals -- Suggested Resources and Inspirations for Caregivers -- Suggested Resources and Inspirations for Individuals with Life-Changing Illness and Their Families -- Appendix B -- Suggested Resources and Inspirations for Group Discussion -- Suggested Works of Literature Dealing with Mortality -- Notes -- Index.
Sommario/riassunto	"Experts in end-of-life care tell us that we should talk about death and dying with relatives and friends, but how do we get such conversations off the ground in a society that historically has avoided the topic? This book provides one example of such a conversation. The coauthors take up challenging questions about pain, caregiving, grief, and what comes after death. Their unlikely collaboration is itself connected to death: the murders of two of Irene's closest friends and Steve's support in perpetuating memories of those friends' lives and not just their violent ends. The authors share the results of a no-holds-barred discussion

they conducted for several years over email. Readers can consider a range of views on complicated issues to which there are no right answers. Letting ourselves pose certain questions has the potential to profoundly change the way we think about death, how we choose to die, and, just as importantly, the way we live. Honest, probing, sensitive, and even humorous at times, the completely open discussions in this book will help readers deal with a topic that most of us try to avoid but that everyone will face eventually"--
