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Titolo	Quick questions in sport-related concussion : expert advice in sports medicine // editor, Tamara C. Valovich McLeod, PhD, ATC, FNATA, Athletic training Program Director, Professor of Athletic Training, John P. Wood, DO, Endowed Chair for Sports Medicine, A.T. Still University, Mesa, Arizona
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Section I: Concussion basics; Q1 What is currently the Most Commonly Accepted Definition of a Sport-Related Concussion, and How Does This Definition Impact Clinical Management; Q2 How Common Are Sport-Related Concussions?; Q3 What Are the Best Educational Materials Available to Help a Coach, Parent, or Athlete Learn About Concussions?; Section II: Preseason Planning; Q4 What Pertinent Questions Should Be Asked During a Preparticipation Physical Examination to Accurately Determine Prior Concussion History?; Q5 Are There Risk Factors or Behaviours That Can Make Athletes Prone to Concussion?; Q6 Are There Differences Between the Sexes Regarding Concussion Incidence, Outcomes, and Treatment?; Q7 Is It Imperative to Perform Baseline Testing? -- Q8 Which Medical Professionals Should Be Part of My Concussion Management Team? -- Q9 What Are the Most Important Regulations and Policies to Consider Regarding the Management of Sport-Related Concussion? -- Q10 What Factors Aid in the Prevention of Recurrent Concussion? -- Q11 Can Protective Equipment or Strengthening the Neck Decrease the Risk of Concussion? -- Section III: Concussion Assessment -- Q12 What Should Be Included in the On-Field or Sideline Examination to Diagnose a Suspected

Concussion? -- Q13 What Are the Red Flags During a Sideline Assessment for Immediate Referral to the Emergency Department? -- Q14 What Constitutes a "Failed" Postconcussion Test for Athletes With Baseline Neurocognitive or Balance Tests? -- Q15 Which Self-Report Symptom Scales Are the Best for Concussion Assessment? -- Q16 Are Ocular Movements Related to Concussion Assessment, and if so, How Do I Measure This? -- Q17 How Common Are Vestibular Deficits Following Sport-Related Concussion, and What Tools Are Best Used to Assess Vestibular Dysfunction? -- Q18 How Frequently and When Should Postconcussion Assessments Be Administered? -- Q19 Does Recovery on Clinical Tests Represent True Recovery of the Brain? -- Q20 Is Imaging Useful to Determine the Severity of, or the Time to Recovery From, a Concussion? -- Section IV: Concussion Management Considerations -- Q21 Should Concussions in Children and Adolescents Be Managed Differently From Those in Adults? -- Q22 How Many Concussions Are Too Many Before an Athlete Should Retire? -- Q23 What Are the Long-Term Concerns With Concussion? -- Q24 How Can We Predict if a Patient Will Have a Protracted Recovery Following Concussion? -- Q25 Do Subconcussive Blows Place Athletes at Just as Much Risk for Future Negative Sequelae as Athletes With Diagnosed Concussions? -- Q26 How Should I Manage Concussion in Athletes With Learning Disabilities, Epilepsy, Depression, or Anxiety? -- Q27 Are There Any Medications That May Be Useful in the Management of Concussions? -- Q28 Are There Any Rehabilitation Exercises That Help a Concussed Athlete Heal Faster? -- Q29 Which Patient Self-Report Measures Are Best for Assessing the Impact of Concussion on a Patient's Quality of Life? -- Section V: Return to Activity -- Q30 Why Can't an Athlete Return to Play on the Same Day as the Concussion? -- Q31 Does Recovery Following Concussion Follow a Typical Time Course, and Does This Really Correspond to Resolution of Self-Reported Symptoms? -- Q32 How Long Should Patients Be Free of Symptoms Prior to Beginning a Gradual Return to Activity? -- Q33 What Is the Role of the Graded Exertion Protocols for Making Return-to-Play Decisions? -- Q34 How Should Return to Play Be Managed in Athletes With Comorbid Factors, Such as Attention Deficit Hyperactivity Disorder or Prior History of Concussion? -- Q35 How Do Head Impact Indicators Work, and Is There Value in Recommending That Patients Purchase Them? -- Section VI: Return to School -- Q36 What Is Cognitive Rest, and Can It Help Recovery Following Concussion? -- Q37 How Can Concussion Negatively Affect School Functioning? -- Q38 What School Policies/Procedures Apply to Concussed Student-Athletes Who Are Attempting to Return to the Classroom? -- Q39 How Are Educational Accommodations Determined, and Who Should Be Part of the Decision-Making Process?.
