

1. Record Nr.	UNINA9910455875003321
Autore	Roberts Moss <1937->
Titolo	Dao de jing [[electronic resource]] : the book of the way / / translation and commentary by Moss Roberts
Pubbl/distr/stampa	Berkeley, : University of California Press, c2001
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Descrizione fisica	1 online resource (239 p.)
Disciplina	299.51482 299/.51482
Soggetti	Taoism Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Front matter -- Dedication and Acknowledgments -- Contents -- Introduction -- Dao De Jing -- Notes -- Selected Bibliography
Sommario/riassunto	Dao De Jing is one of the richest, most suggestive, and most popular works of philosophy and literature. Composed in China between the late sixth and the late fourth centuries B.C., its enigmatic verses have inspired artists, philosophers, poets, religious thinkers, and general readers down to our own times. This new translation, both revelatory and authentic, captures much of the beauty and nuance of the original work. In an extensive and accessible commentary to his translation, Moss Roberts reveals new depths of Dao De Jing. This edition is distinguished by the literary quality of the translation, its new renderings for a number of the stanzas, and by Roberts's knowledgeable contextualizations. Utilizing recently discovered manuscripts and Chinese scholarship based on them, he is able to shed new light on the work's historical and philosophical contexts. This translation shows that Dao De Jing is far more than a work of personal inspiration; it is also a work of universal scope that makes penetrating comments on politics, statecraft, cosmology, aesthetics, and ethics.

Roberts brings these themes to our attention, shows how they are integrated into the work as a whole, and demonstrates the relevance of these topics for our own times.

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Werner Joy

Torn : a simple guide to ACL tears and healing for girls / / Joy Werner and Doug Werner ; illustrations by Christina Byvik ; special contribution by Dr. Justin Balleza ; edited by Phyllis Carter

San Diego, California : , : Tracks, , 2015

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1 online resource (161 p.)

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Anterior cruciate ligament - Wounds and injuries

Anterior cruciate ligament - Wounds and injuries - Treatment

Anterior cruciate ligament - Surgery

Knee - Wounds and injuries

Knee - Wounds and injuries - Treatment

Sports injuries

Inglese

Materiale a stampa

Monografia

Description based upon print version of record.

Includes bibliographical references and index.

""Front Cover""; ""Title Page""; ""Copyright""; ""Dedication"";
""Contents""; ""Intro: Badge""; ""1. It is what it is: Joya's notes""; ""2.
First injury: Dada's notes""; ""3. Once more: Dada's notes""; ""4. ACL
overview""; ""5. Girls & ACLs""; ""6. How to rehab""; ""7. Joya's rehab:
First six months""; ""8. Advanced: Training beyond rehab""; ""9.
Training for girl athletes""; ""10. FAQs""; ""Index"";
""Acknowledgements""

Torn is the story of author Joy Werner's struggle with two anterior cruciate ligament (ACL) injuries over the course of 24 months. ACL tears are serious knee injuries that plague youth sport, particularly young female athletes, and this book describes the long journeys of

healing that the injuries demand, including the emotional and mental challenges. The personal perspective is supported by general information about the ACL, ACL injuries, and treatment. *Torn* is not only a guide but a real-world tale of what a young athlete had to endure and overcome when confronted with ACL injuries. It will
