Record Nr. UNINA9910797584303321 Autore Volkan Vamik D. **Titolo** Life after loss: the lessons of grief / / Vamik D. Volkan and Elizabeth Zintl Pubbl/distr/stampa London:,:Routledge,,2018 **ISBN** 0-429-91566-7 0-429-90143-7 0-429-47666-3 1-78241-450-9 Edizione [First edition.] Descrizione fisica 1 online resource (175 p.) Disciplina 155.937 Grief Soggetti Loss (Psychology) Bereavement - Psychological aspects Death - Psychological aspects Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. COVER; Contents; Introduction; Part One: Uncomplicated Mourning; Nota di contenuto Chapter I - Crisis Grief: The Hour of Lead; Chapter II - The Work of Mourning: Assessing the Relationship and Letting Go; Chapter III -Brutal Gifts: Loss as a Vehicle for Growth; Part Two: Complicated Mourning; Chapter IV - Risk Factors: Circumstances that Complicate; Chapter V - Stuck in Denial: When Crisis Grief goes Awry; Chapter VI -Perennial Mourners: When Loss has no Resolution; Chapter VII -Engulfed Mourners: When Grief Turns to Depression; Chapter VIII - A Death in the Family: How Parents and Children Mourn Part Three: ResolutionsChapter IX - Adaptations and Therapy; Chapter X - Creative Resolutions: When Grief Inspires; Notes; Bibliography; Index Sommario/riassunto "How we cope with grief and come to terms with the death of a loved one shapes our world. In this comprehensive guide to the mourning process, Dr Volkan, a world-recognised authority on grief, shows how

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