

1. Record Nr.	UNINA9910797583003321
Autore	Smail David
Titolo	Illusion and reality : the meaning of anxiety // David Smail
Pubbl/distr/stampa	London : , : Routledge, , 2018
ISBN	0-429-91473-3 0-429-90050-3 0-429-47573-X 1-78241-392-8
Descrizione fisica	1 online resource (194 p.)
Disciplina	616.85/223
Soggetti	Anxiety Anxiety - Social aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	COVER; Contents; Preface to Constable Edition; 1: The Myth of Normality; 2: The Reality of Threat; 3: Shyness and the Self as Object; 4: The Domination of Words; 5: The Language of Anxiety; 6: The Magic of the Machine; 7: The Experts; 8: The Possibility of Undeception; 9: The Confrontation of Reality; Index
Sommario/riassunto	"This work challenges the notion that anxiety and depression amount to a mental illness denoting that something is wrong with the individual sufferer. Instead, anxiety and depression are described as perfectly rational responses to difficulties in the sufferer's world, experienced subjectively by that person. An essential contrast is drawn between objective conceptions of normality (what reality ought to be as per commercial and other objectifying sources) and the reality of the individual's subjective experience of the world (abuse, unemployment, and so on). Chapters include tackling the myth of normality; examining shyness; and analysing the way in which assumptions behind the use of language can foster anxiety and depression. The book's primary purpose is to explain the meaning of anxiety as experienced by the sufferer. These insights also lead to a view, by way of secondary purpose, that the role of the therapist is not in 'curing' the individual, but rather to negotiate demystification and to provide insight into the

effects of the problems in the sufferer's world, based on the sufferer and the therapist's shared subjective understanding. The curative claims of other models of 'treatment' are evaluated. Whilst David Smail's training in psychology and philosophy shines through his analysis, the primary source for his views is his experience as a clinical psychologist working in the NHS in Nottingham seeing 'patients' from all walks of life."--Provided by publisher.

2. Record Nr.	UNISA996636971403316
Autore	MAXIMUS : Tyrius
Titolo	Philosophical orations / Maximus of Tyre ; edited and translated by William H. Race
Pubbl/distr/stampa	Cambridge (Massachusetts) ; London, : Harvard University Press, 2023
Titolo uniforme	Dissertationes
ISBN	978-0-674-99756-1 978-0-674-99757-8
Descrizione fisica	2 volumi (XXXIX, 479; VI, 424 p.) ; 17 cm
Collana	The Loeb classical library ; 553-554
Disciplina	885.01
Collocazione	V.1. Coll. 7/ 112 1 V.1. Coll. 7/ 112 1a V.1. Coll. 7/ 112 2
Lingua di pubblicazione	Inglese Greco antico
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Testo originale a fronte
Sommario/riassunto	Maximus of Tyre, active probably in the latter half of the second century AD, was a devoted Platonist whose only surviving work consists of forty-one brief addresses on various topics of ethical, philosophical, and theological import including the nature of divinity, the immortality of the soul, the sources of good and evil, the injustice of vengeance, the tyranny of pleasures and desires, the contribution of the liberal arts, and the pursuit of happiness, among many others. These addresses are conveniently labeled orations, but their fluid and hybrid style resists precise generic categorization, so that they could also be

called discourses, speeches, lectures, talks, inquiries, essays, or even sermons. In his orations Maximus strove to elucidate the philosophical life of virtue, especially as exemplified in the career of Socrates and in the writings of Plato, inviting his audience, sometimes addressed as young men, to share in his knowledge, to appreciate his fresh presentation of philosophical topics, and perhaps even to join him in pursuing philosophy. Drawing on the Hellenic cultural tradition from Homer to the death of Alexander the Great, Maximus offers a rich collection of the famous philosophical, literary, and historical figures, events, ideas, successes, and failures that constituted Greek paideia in the so-called Second Sophistic era. This edition of Maximus' Philosophical Orations offers a fresh translation, ample annotation, and a text fully informed by current scholarship. (Fonte: editore)

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