

1. Record Nr.	UNINA9910797467103321
Autore	Sylwester Robert
Titolo	The adolescent brain : reaching for autonomy // Robert Sylwester ; proofreader, Cheryl Rivard ; cover designer, Michael Dubowe
Pubbl/distr/stampa	Thousand Oaks, California : , : Corwin Press, , 2007 ©2007
ISBN	1-4522-9348-1 1-4522-9697-9
Descrizione fisica	1 online resource (176 p.)
Disciplina	155.5
Soggetti	Adolescence Adolescent psychology Teenagers
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	<p>""Cover""; ""Contents""; ""Preface""; ""About the Author""; ""Chapter 1 - Adolescence in Contemporary Society: Being Somewhat Confused""; ""Confusion within Adolescents""; ""Confusion about Adolescents""; ""An Introduction to the Issues Explored in Subsequent Chapters""; ""Chapter 2 - Brain Organization and Development: Being Human""; ""Mirror Neurons""; ""The Organization of the Human Brain""; ""The Development of the Human Brain""; ""Maintaining a Developing Brain""; ""Chapter 3 - Sexuality and Bonding: Maintaining Our Species""; ""Biological Differences""</p> <p>""Interpreting Gender Differences""""Cultural Confusion""; ""Human Bonding Behavior""; ""Emerging Cultural Conflicts""; ""The Hazards of Sexual Pleasure""; ""Chapter 4 - Productivity and Vocation: Maintaining Our Planet""; ""A 21st-Century Curriculum for 21st-Century Students""; ""A 21st-Century Vocation""; ""Home, School, and Vocation""; ""Chapter 5 - Morality and Ethics: Maintaining Our Culture""; ""Factual Knowledge and Decisions""; ""Adaptive Preferences and Choices""; ""The Development of Our Moral/Ethical Base""; ""Chapter 6 - Risks and Security: Going beyond the Known""</p> <p>""Our Brains's Regulatory Systems""""From Emotional Arousal to</p>

Conscious Decision"; "The Biology of Risk and Security"; "Adults and Adolescent Risks"; "Chapter 7 - Technology and Drugs: Going beyond Nature"; "Biological Stress"; "Technological Enhancement"; "Drug Support"; "Psychoactive Drugs: A Primer"; "Chapter 8 - The Arts and Humanities: Going beyond Reality"; "Adornment"; "Language, Music, and Dance"; "The Humanities"; "Chapter 9 - Collaboration and Autonomy: Going beyond Adolescence"; "Collaboration"; "The Reach for Autonomy"

"Appendix A: Neurotransmitters and Neural Transmission""Appendix B: The Cerebral Cortex"; "Glossary"; "References and Resources"; "Index"

---

## Sommario/riassunto

Easy-to-understand theories and nontechnical language help educators and parents understand how the teenage brain thinks, feels, learns, and changes on its journey to adulthood.

---