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Nota di bibliografia	Includes bibliographical references (pages 169-176) and index.
Nota di contenuto	pt. 1. Understanding childhood. Nature and nurture: from past to present : The nature of life ; Biological range ; Nature and nurture ; Heritability -- Mastering movement: from imitation to exploration : Mirror neurons ; Mastering movement ; Psychological movement -- Brain organization: from input to output : Our brain's functional organization ; Locating childhood behavior within our brain ; The cerebral hemispheres -- Development and growth: from womb to world : Growth and development as reductive -- pt. 2. Nurturing childhood. Nurturing: from unconditional love to behavioral limits : Bonding ; Regulating -- Family and friends: from close to loose bonds : Childhood play ; School and citizenship -- Nutrition: from necessary to nice : Family food patterns ; Nutrition ; Preferences and aversions -- The unexpected: from joys and toys to fears and tears : Emotion and feelings ; Attention ; Attentional disorders ; Sudden spontaneous influences -- Childhood illness: from short to long term : Invasions ; Insurrections ; Death ; The nurturing tasks of parents and educators -- Intelligence, creativity, and the arts: from what is to what could be : Intelligence ; Creativity: The arts -- Home and beyond home: from biology to technology : Direct and personal interaction ; Electronically

augmented interaction -- Preparing for adolescence: from a sheltered childhood toward an autonomous adulthood : Parallel environments ; Brain dichotomies ; A social species ; An extended development ; The arts -- Appendix A: Neurons and glial cells : Neurons ; Glial cells -- Appendix B: Theories of multiple intelligences.

Sommario/riassunto

Written for parents and educators, this guide explains the latest neuroscience research regarding how a child's brain works and how to nurture children for optimal development.
