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	Methodological Considerations; Animal Husbandry; Cereal Cultivation; Discussion; The Fieldscape of Roman Britain; Buried and Relict Landscapes; Romano-British Field Systems Preserved Within the Historic Landscape of Today; The Fieldscape of Early Medieval Britain; The Earliest Medieval Period (the `Early and Middle Saxon Period) The Long Eighth Century (`Middle Saxon Period) and the Origins of Open FieldsThe Fields of Britannia Methodology; A Note on Period Terminology; Continuity and Discontinuity; Changing Paradigms; Continuity and Discontinuity of Different Landscape Components; Modelling Landscape Change; Discussion; 4: The South East; Introduction; Environment and Land-Use; The Brede, Pett, and Rye Levels: The Landward Edge of Romney Marsh; The Weald; The Weald Margin; The South Downs; The Hampshire Basin; The Lower Thames Terraces; The South Essex London Clay; The Essex Boulder Clay Plateau Discussion: Land-Use Across the South East RegionThe Legacy of Late Romano-British Field Systems; The Coaxial Landscape of Southern Essex; The Regularly Arranged Landscapes of Southern Essex: Discussion; The Chalk Downlands; Bagshot Heaths; The Weald and Weald Margin; Summary; 5: East Anglia; Introduction; Environment and Land-Use; The East Anglian Boulder Clay Plateau; Breckland; The Legacy of Late Romano-British Field Systems; The Boulder Clay Plateau; Breckland; Discussion; 6: The Central Zone; Introduction; Environment and Land Use; The Upper Thames Valley Great Ouse Valley and Great Ouse Clay Vale
Sommario/riassunto	It has long been recognized that the landscape of Britain is one of the 'richest historical records we possess', but just how old is it? The Fields of Britannia is the first book to explore how far the countryside of Roman Britain has survived in use through to the present day, shaping the character of our modern countryside. Commencing with a discussion of the differing views of what happened to the landscape at the end of Roman Britain, the volume thenbrings together the results from hundreds of archaeological excavations and palaeoenvironmental investigations in order to map patterns of lan