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| Nota di contenuto | Cover; Title; Copyright; Table of Contents; Chapter 1: Psychobiosocial Model of Assessment, Treatment, and Relapse Prevention; Chapter 2: The New Sexual Mantra: Desire, Pleasure, Eroticism, Satisfaction; Chapter 3: Four-Session Assessment Model; Chapter 4: Confronting Sexual Desire Problems; Chapter 5: Non-demand Pleasuring and Playful Touch; Chapter 6: Eroticism-Orgasm Problems; Chapter 7: Satisfaction-Bonding and Energizing; Chapter 8: Therapy with Gay Individuals and Couples; Chapter 9: Individual Sex Therapy; Chapter 10: Extra-Marital Affairs and Sex Therapy Chapter 11: Sex Therapy for Clients with a History of Sexual Trauma Chapter 12: Relapse Prevention-Growing an Intimate Sexual Relationship; Appendix A; Appendix B; References |
| Sommario/riassunto | Sex Made Simple is a comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Tools for couples to maintain strong, resilient sexual desire Strategies to move past affairs, sexual trauma, variant arousal Framework for counseling gay individuals and couples Treating sexual dysfunction Psychosexual skill exercises Case Studies Psychobiosocial model for assessment, treatment, and relapse prevention |